On The Loose (AB)

Count: 32 **Wall:** 4 **Level:** Absolute Beginner
Choreographer: Adrian Helliker (FR) - June 2018
Music: On the Loose - Niall Horan

Intro: 32 counts into track - No Tag, No Restart

Floor Split with – Ria Vos high beginners dance we hope you like both our dances
https://www.copperknob.co.uk/stepsheets/on-the-loose-ID124209.aspx

[1-8] SIDE, TOGETHER, SIDE, TOUCH, SWAY LEFT-RIGHT-LEFT-RIGHT

1-2	Step right to right side, left beside right
3-4	Step right to right side, touch left beside right
5-6	Step left to left and sway hips left, right
7-8	Sway hips left, right taking weight on right

[9-16] SIDE, TOGETHER, SIDE, TOUCH, SWAY RIGHT-LEFT-RIGHT-LEFT

1-2	Step left to left side, right beside left
3-4	Step left to left side, touch right beside left
5-6	Step right to right and sway hips right left
7-8	Sway hips right left taking weight on left

[17-24] ROCKING CHAIR, JAZZ BOX WITH ¼ TURN RIGHT

1-2	Rock right foot forward, recover on the left,
3-4	Rock right foot back, recover on the left
5-6	Cross Right over Left, step back Left
7-8	¼ turn right stepping Right to right side, left beside right taking weight on left (3:00)

[25-32] STEP, KICK, BACK, TOUCH X2

1-2	Step right forward, kick left forward
3-4	Step left back, step right back weight on left
5-6	Step right forward, kick left forward
7-8	Step left back, step right back weight on left