

Ride The Beat

COPPER KNOB
DANCE CENTER

Count: 48 **Wall:** 4 **Level:** Low Intermediate

Choreographer: EWS Winson & Penny Tan – July 2018

Music: Ride the Beat by MDPC



Intro: 16 counts in (approx. 9 sec)

#1 (1-8) R-L Back Samba, R Back, L&R Knee Pop, L Coaster Step

- 1a2 Weight on LF: Cross RF behind LF (1), rock LF to L side (a), recover weight on RF (2) 12.00
- 3a4 Cross LF behind RF (3), rock RF to R side (a), recover weight on LF (4) 12.00
- 5a6 Step RF back (5), pop both knees forward (a), drop both heels down (6) 12.00
- 7a8 Step LF back (7), close RF beside LF (a), step LF forward (8) 12.00

#2 (9-16) ¼ (R) with R Cross Shuffle, ½ (L) with L Cross Shuffle, R Scissors Cross, L Side & R Drag, R Touch

- 1a2 Turn ¼ R crossing RF over LF (1), step LF to L side (a), cross RF over LF (2) 3.00
- 3a4 Turn ½ L crossing LF over RF (3), step RF to R side (a), cross LF over RF (4) 9.00
- 5a6 Step RF to R side (5), close LF next to RF (a), cross RF over LF (6) 9.00
- 7-8 Step LF to L side dragging R toes towards LF (7), touch RF next to LF (8) *** 9.00

Restart here on Wall 3, facing 3.00 o'clock.

#3 (17-24) R Cross Rock & Recover, R Side Rock & Recover, R Sailor ½ (R), L Side Point with Hips Bumped, R Weave

- 1a2a Cross rock RF over LF (1), recover weight on LF (a), rock RF to R side (2), recover weight on LF (a) 9.00
- 3a4 Turn ½ crossing RF behind LF (3), step LF to L side (a), cross RF over LF (4) 3.00
- 5a6 Point L toes to L side bumping hips to L side (5), bump hips to R side (a), step LF in place bumping hips to L side (6) 3.00
- 7a8 Cross RF behind LF (7), step LF to L side (a), cross RF over LF (8) 3.00

#4 (25-32) L-R Samba Whisks, ¼ (L) with L Forward, ½ (L) with R Back, L Coaster Step

- 1a2 Step LF to L side (1), rock RF behind LF (a), recover weight on LF (2) 3.00
- 3a4 Step RF to R side (3), rock LF behind RF (a), recover weight on RF (4) 3.00
- 5-6 Turn ¼ L stepping LF forward (5), turn ½ L stepping RF back (6) 6.00
- 7a8 Step LF back (7), close RF beside LF (a), step LF forward (8) 6.00

#5 (33-40) R-L Forward Shorty George, R Kick Ball, L Back Rock & Recover, L Kick Ball, R Back Rock & Recover

- 1a2 Run forward on RF-LF-RF with knees bent and slightly swiveling to the sides (1a2) 6.00
- 3a4 Run forward on LF-RF-LF with knees bent and slightly swiveling to the sides (3a4) 6.00
- 5a6a Kick RF forward (5), step RF in place (a), rock LF back (6), recover weight on RF (a) 6.00
- 7a8a Kick LF forward (7), step LF in place (a), rock RF back (8), recover weight on LF (a) 6.00

#6 (41-48) R-L Heel Twist with L Hook, L-R Heel Twist with R Hitch, 1/4 (R) with R Cross Samba, L Cross Samba

- 1a2 Twist both heels to R side (1), twist both heels to L side (a), twist both heels to R side hooking LF over R knee (2) 6.00
- 3a4 Twist both heels to L side (3), twist both heels to R side (a), twist both heels to L side lifting RF up beside LF (4) 6.00
- 5a6 Turn 1/4 R crossing RF over LF (5), rock LF to L side (a), recover weight on RF (6) 9.00
- 7a8 Cross LF over RF (7), rock RF to R side (a), recover weight on LF (8) 9.00

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