

Looking Back

COPPER KNOB
DANCE CENTRE

Count: 32 **Wall:** 4 **Level:** High Improver

Choreographer: Frank Heelan (IRL) July 2018

Music: "I Lived It" by Blake Shelton



Intro: 16 Counts

Sec. 1: Cross, point, cross. Side together back. Coaster step. ½ left back right.

- 1-2-3 Cross right over left. Point left to left. Cross left over right.
- 4&5 Step right to right. Left together. Step back right.
- 6&7 Step back left. Right together. Step forward left.
- 8 Turn ½ left on ball of left back right. (6.00)

Sec. 2: Rock back recover. Side rock step. Turn. Turn. Mambo step.

- 1-2 Cross rock left behind right. Recover to right.
- 3&4 Rock left to left. Recover to right. Step forward left.
- 5-6 Turn ½ left stepping back on right. Turn ½ left stepping forward on left.
- 7&8 Rock forward right. Recover to left. Step right together. (6.00)

Sec. 3: Turn ¼ left sway left sway right. Sailor ¼ left. Chasse right. Sailor ¼ left.

- 1-2 Turn ¼ left sway left and right. (3.00)
- 3&4 Sweep left around behind right turning ¼ left. Recover to right. Step left to left. (6.00)
- 5&6 Step right to right. Left together. Right to right.
- 7&8 Sweep left around behind right turning ¼ left. Recover to right. Step left to left (9.00)

Sec. 4: Walk right left. Side rock cross. Side rock cross. Side rock recover.

- 1-2 Walk forward right and left.
- 3&4 Rock right to right. Recover to left. Cross right over left.
- 5&6 Rock left to left. Recover to right. Cross left over right
- 7-8 Rock right to right. Recover to left.

TAG: There is a 4 count Tag end of wall 1 facing 9.00 and end of wall 4 facing 12.00.

Right Mambo forward. Left mambo back.

- 1&2 Rock forward on right. Recover to left. Step right next to left.
- 3&4 Rock back on left. Recover to right. Step left together.

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