

I Believe

Count: 32 Wall: 4 Level: Improver / Intermediate

Choreographer: Caroline Cooper (UK) and Julie Snailham (Spain) July 2018

Music: You Say by Lauren Daigle



Intro: 16 Count

S1: Step L, Mambo R, L Coaster cross, R side Rock cross and cross, Hold

1 Step forward L
2&3 Rock forward on R, recover on L, step back on R
4&5 Step back on L, step R beside L, cross L over R
6&7 Rock out to side on R, recover on L, cross R over L
&8& Step L to L side, cross R over L, hold

S2: Basic NC2 step w, R Weave ¼ turn stepping forward R, step forward L Pivot ½ turn R over 2 counts, Triple Full Turn R

1-2& Long step to L side, rock R behind L, recover on L
3-4& Long step R to R side, step L behind R, turn ¼ turn R stepping forward on R
5-6 Step forward on L pivot ½ R (weight on R)
7&8 Make a ½ turn R stepping back on L, make a ½ turn R stepping forward on R, step forward L

(Easier option step forward L, R, L)U

S3: Ball R, rock forward recover, together, rock forward recover, together, ½ L ½ L, ¼ sailor cross L over R

&1-2 Step forward on ball of R foot, rock forward on L, recover on R
&3-4 Step L next to R, rock forward on R, recover on L
&5-6 Step R next to L, turning ½ L step forward on L, turning ½ L step back on R (easier option Step R next to L, step back L, step back R)
7&8 Sweep L out behind R turning ¼ L, step R to R side, cross L over in front of R

S4: Side Cross, Sweep, side cross, sweep behind side forward, forward, rock point

&1 Step R to R side, cross L over R
2&3 Sweep R forward over L, step L to L side, step R behind L
4&5 Sweep L around behind R, step R to R side, step L forward
6-7& Step R forward, Rock forward on L, recover
8& Point L out to L side, hold

Restarts: -

Wall 4 at 16& count facing 3.00

Wall 7 at 20& count facing 12.00

Keep dancing until the track ends on triple full turn right – step forward left ¼ turn left to 12.00 ta dah x

Contacts:-

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Last Update – 7th Sept. 2018