

# For The Life Of Me

**COPPER KNOB**  
ART OF MOVEMENT

**Count:** 32      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Graham Mitchell – August 2018

**Music:** For The Life Of Me by Trent Tomlinson. Album: That's What's Working Right



## **SECTION 1 (1-8) BASIC NIGHT CLUB RIGHT & LEFT, ¼ RIGHT, FALL AWAY 3/8**

- 1-2& Long step Right, rock Left behind Right, recover Right
- 3-4& Long step Left, rock Right behind left, recover Left
- 5 Step forward Right making ¼ Right [3]
- 6&7 cross L over Right, (&) 1/8 turn left stepping back R, 1/8 step back Left
- 8& Step Right behind left, (&) 1/8 turn left stepping left to left side [10.30]

## **SECTION 2 (1-8) SYNCOPATED ROCKING CHAIR, STEP ½ PIVOT STEP, FULL TURN, SIDE BACK ROCK SIDE**

- 1&2& Rock forward Right recover left, rock back Right, recover left [10.30]
- 3&4 Step forward right pivot ½ left, step forward Right [4.30]
- 5&6 Step back left ½ turn right, step forward right ½ turn right, step 1/8 Left to left
- 7&8 Rock Right behind Left, recover Left, step Right to Right side [6]

**\*\*TAG/ RESTART WALL 3 AND 7 \*\***

## **SECTION 3 (1-8) BEHIND SIDE & CROSS ROCK & CROSS ROCK, & CROSS UNWIND ¾ , RIGHT SHUFFLE**

- 1&2 Step Left behind, step Right to right side, cross rock Left over Right
- 3&4 recover Right, step left to left side, Cross rock Right over Left [6]
- 5&6 Recover left, step right beside left, cross Left over right unwind ¾ right [3]
- 7&8 Step forward Right, close left beside Right, step forward Right

## **SECTION 4 (1-8) BACK TWINKLES LEFT & RIGHT, BACK ROCK, ½ TURN RIGHT, REVERSE ROCKING CHAIR**

- 1&2 Cross Left over Right, step Right to Right side, step back left
- 3&4 Cross Right over Left, step Left to Left side, Step Right back [3]
- 5&6 Rock left back, recover right, ½ turn Right stepping back Left [9]
- 7&8& Rock back on right, recover left, rock forward Right, recover Left

## **TAG: 2 COUNT TAG CHANGE OF STEPS AFTER SECTION 2 COUNT 7&**

- 1-2 TOUCH RIGHT TOE TO RIGHT SIDE, TOUCH RIGHT BESIDE LEFT

## **ENDING AFTER SECTION 1 CROSS RIGHT OVER LEFT UNWIND ½ TURN**