

Life At The Outpost

COPPER KNOB
ART OF MOVEMENT

Count: 40 **Wall:** 2 **Level:** Beginner

Choreographer: Diana Bishop – August 2018

Music: Life At The Outpost by Skatt Brothers



STEP R AT R45, TAP R HEEL 4 TIMES, SALUTE, SEARCH,

1-4 Step R At 45deg R, Place R Hand To Above Right Eye As If In A Salute Start
Moving Head To R As Looking For Something In Distance, Tap R Heel To Floor X 4
Times

STEP L AT L45, TAP L HEEL 4 TIMES, FOLD ARMS ACROSS CHEST, LEAN BACK, KNODDING HEAD

5-8 Step L At 45deg L, Fold Arms Across Chest, Lean Back With Attitude, Tap L Heel
To Floor X 4 Times Knodding Your Head 4 X Times With The Heel Taps

WALK FWD, KICK

1-4 Walk Fwd R,L,R, Kick L Fwd,

STEP BACK, TRIPLE STEP

5.6.7&8 Walk Backwards On L Then R, Triple Step On Spot On L,R,L

STEP R, L HEEL TAP

1-4 Step R To R, Tap L Heel To L45, Clap Hands

STEP L, R HEEL TAP

5-8 Step L To L, Tap R Heel To R45, Clap Hands

HIP BUMPS R,L,R,L

1-4 Hip Bumps R,L,R,L

SHUFFLE R, BACK, FWD

5&6.7.8 Side Shuffle To R On R,L,R, Back On L, Fwd On R

SHUFFLE TO L, TURNING ¼ R, BACK, FWD,

1&2.3.4 Side Shuffle To L, Turning Body A ¼ To R, Step R Back, Step L Fwd

R TOE-HEEL, L TOE-HEEL, FWD

5-8 R Toe-Heel Fwd, L Toe-Heel Fwd

Start Again