# Down On My Knees



Count: 32 Wall: 0 Level:

Choreographer: Cathy Montgomery (CAN), Kelly Mathew (USA) & Rachel Polack - September

2018

Music: Desperate Man - Eric Church

weight onto your left foot.



Start dance 40 counts when the lyrics start if using the video version, if using the audio version it's 24 counts.

### [1-8] -- Right Kick and Point, Left Kick and Point, Right Sailor Left Sailor with a 1/4 turn left.

1 & 2	Kick the right foot forward, quickly step onto right foot, and point left toe to left side.
3 & 4	Kick the left foot forward, quickly step onto left foot, and point right toe to right side.
5 & 6	Sailor Step Right.
7 & 8	Sailor Step Left while making a ¼ turn to the left.

### [9 -16] - Vaudeville Steps, Right and Left, Heel Switches, Right and Left, Left Right foot forward, 1/4 turn left.

1& 2	Step Right foot across Left, quickly step back onto your left foot & touch your right heel to right angle.
&3 & 4	Quickly step onto Right foot, cross your left foot across your right, quickly step back onto your right foot, and touch your left heel to left angle.
&5 & 6	Quickly step onto your left foot, touch right heel forward, quickly step onto right foot and touch your left heel forward.
<b>&amp;</b> 7 - 8	Quickly step onto your left foot, step your right foot forward, and make 1/4 turn left taking

Restart dance here on the 3rd wall.

#### [17-24] - Sailor ½ turn left | Left behind and Heel | And Cross Hold, and Cross and Cross

1 & 2	step your right foot behind left, make a $\frac{1}{4}$ turn taking weight onto left, make a $\frac{1}{4}$ left stepping right foot to right side.	
3 & 4	Step your left foot behind right, quickly step onto right and touch your left heel to left angle.	
<b>&amp;</b> 5 – 6	Quickly step onto left foot, cross right over left and hold.	
&7 & 8	Quickly step onto left foot, cross right over left, quickly step onto left foot and cross right over left.	

# [25-32] – Rock Left Side, Behind and Cross, Hip bumps while making 2 1/8's of a turn left. (c bumps), fingers snap are optional.

1 – 2	Rock left foot to left side, recover onto right.
3 & 4	Step left behind right, quickly step onto right and cross left over right.
5 & 6	While touching your right toe, bump your hip up, bump your hip down while making an 1/8 of a turn.
7 & 8	While touching your right toe, bump your hip up, while making an 1/8 of a turn, and count 8 take you r weight onto the left foot.

Option with the turn is to snap your right fingers, up and down with the hips.

Start again.

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