Friends NO Benefits

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Donna Manning (USA) - July 2018
Music: FRIENDS - Marshmello & Anne-Marie

NO Tags Or Restarts - 16 count intro

Sec. 1 (1-8) L Basic Salsa, R Basic Salsa

1,2,3-4	Push off ball of L back, recover to R, step L together, pause thru 4
5,6,7-8	Push off the flat of the R fwrd, recover to L, step R back to diagonal, pause thru 8 – 12:00

Sec. 2 (9-16) L Back Lock Steps, Pause, R Back Lock Steps, Pause

1,2,3-4&	Step L to back diagonal, bring R heel to L toe, step L back to diagonal, pause thru 4 but change angle of hips on the & (styling option – drag or kick R to diagonal on 4 still rotating hips)
5,6,7-8	Step R back to diagonal, bring L heel to R toe, step R back to diagonal, pause thru 8 changing angle of hips to the L – 12:00 facing 10:30 (styling option – drag or kick R to diagonal on 8 on the rotation of hips)

Never putting weight on the heel…just skimming the floor

Sec. 3 (17-24) Samba Box modified

1,2,3-4	Step L back, step R back, make 1/8 turn L step L to side, pause (9:00)
5,6,7-8	Cross R over L, step L fwrd(7:30), 1/8 turn L step R to R side, pause (6:00)

Sec. 4 (25-32) 1/8 Turn L Step back, Back, 1/8 Turn L Step Side, Cross Rock, Recover, Side

1,2,3-4	1/8 turn L stepping L back, step R back, 1/8 turn L stepping L to L side, pause – 3:00
5,6,7-8	Cross Rock R over L, Recover to L, Step R to R side (might be a longer or shorter step depending on place in the song), drag L to center to be ready to begin again - 3:00

HAVE FUN!

Please do not alter this step sheet in any way.
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Mayday reincarnated…..