# Out of Our Heads



Count: 48 Wall: 4 Level: Beginner

Choreographer: Martin Murphy (UK) - October 2018

Music: Out of Our Heads - Take That



#### **Dance Starts After 8 Counts**

### Section 1: Walk, Walk Coaster x 2

1, 2, 3&4 - Walk R, L, R Coaster 5, 6, 7&8 - Walk L, R, L Coaster

#### Section 2: Step, Pivot, Shuffle x 2

1, 2, 3&4 - Step Fwd on R, Pivot ½ Left, Shuffle Fwd RLR 5, 6, 7&8 - Step Fwd on L, Pivot ½ Right, Shuffle Fwd LRL

## Section 3: Side, Together, Shuffle Fwd, Side Together, Shuffle Back

1, 2, 3&4 – Step R To Side, Step L Together, Shuffle Fwd Right RLR 5, 6, 7&8 - Step L To Side, Step R Together, Shuffle Back Left LRL

# Section 4: Side, Together, Side Shuffle, Cross Rock, Shuffle 1/4 Turn

1, 2, 3&4 – Step R to side, Step L Together, Side Shuffle to Right RLR 5, 6, 7&8 – Cross Rock R over L, Recover, Shuffle ¼ turn Left LRL

## **Section 5: Step Touches**

1, 2, 3, 4 – Step Fwd On R, Touch L to L Side, Step Fwd On R, Touch R to R Side 5, 6, 7, 8 - Step Fwd On R, Touch L to L Side, Step Fwd On R, Touch R to R Side

#### Section 6: Jazz Box 1/4 Turn x 2

1, 2, 3, 4 – Cross R over L, Step L Back, Step R foot ¼ turn right, Step L Together 5, 6, 7, 8 - Cross R over L, Step L Back, Step R foot ¼ turn right, Step L Together

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