Girl I Lose It

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Phyllis Manier (USA) - November 2018
Music: Lose It - Kane Brown

#16 count intro – 2 Restarts (2 / 4 wall dance)

Heel and Heel and Heel Jacks x2 and cross turn

1&2&	Right heel out & home Left heel out & home
3&4&	Cross Right over left and step left right heel out& right home
5&6&	Cross Left over right and step right left heel out & left home
7-8	Cross Left / right ½ Turn turning left (6:00)

Restart here wall 2

Cross Rocking chair x2 , Cross side behind, Step turn, turn touch

1&2&3&4	Cross Rock right over left & back left x2
&5&6	Cross left over right step side right, behind left, ¼ turn right step forward right
7-8	Step forward Left , ½ turn right touch right toe in front

Restart here wall 4

Step Lock Step Brush x2, Mambo Step, skate back Right, Left

1&2&	Step forward right, step left behind, forward right and brush left
3&4&	Step forward left, step right behind, forward left and brush right
5&6	Mambo forward, Right left right
7-8	Skate back Left ,Right

Coaster step, Turning Hip bumps, Step turn

1&2	Left back together forward
3&4	Hips bumps to right stepping forward right1/4 turn
5&6	Hips bumps to left stepping forward left ¼ turn
7-8	Step forward right ¼ turn turning left

Restart

This dance starts on 12:00 and 6:00 2 wall but will change to 3:00 and 9:00 with the second Restart.

Contact: bobandphyllis1986@gmail.com