EZ Running

Count: 16 **Wall:** 2 **Level:** Easy Beginner
Choreographer: Betty Lee (CAN) - December 2018
Music: Running - James Bay

Intro: 32 counts

SECTION 1: R NIGHTCLUB BASIC, SIDE, STEP-LOCK-STEP, FORWARD ROCK, BACK-LOCK-BACK

1, 2&3	Big step R to R side (1), Rock back on L (2), Recover onto R (&), Step L to L side (3)
4&5	Step Fwd R, Lock step L behind R, Step Fwd R
6,7	Rock step Fwd on L, Recover onto R
8&1	Step back L, Lock step R in front of L, Step back L

SECTION 2: SWAY R-L, R COASTER, STEP, PIVOT ½ R, STEP

2,3	Step R to R side swaying hips to R, Sway hips to L (weight onto L)
4&5	Step back R, Step L next to R, Step Fwd R
6,7,8	Step fwd L, Pivot ½ turn R weight onto R, Step Fwd L (6:00)

REPEAT