Jingle Bell Rock (P)

Count: 64

Level: Phrased Improver

Choreographer: Leong Mei Ling (MY) - December 2018

Music: Jingle Bell Rock (Glee Cast Version) - Glee Cast

Intro: 16 counts (approx. 7 seconds) Sequence: AAB AAB AAB Starting position: Couples form a straight line down the hall, each couple facing respective partner.	
PART A SA1: Shuffle R, 1&2, 3-4 5-8	Back Rock, Vine L, Cross Step R to side, step L beside R, Step R to side, Rock L back, recover R Step L to left, step R behind L, Step L to side, cross R over L
SA2: Shuffle L, 1&2, 3-4 5-8	Back Rock, Vine R, Cross Step L to side, step R beside L, Step L to side, Rock R back, recover L Step R to right, step L behind R, Step R to side, cross L over R
SA3: Point, Step 1-4. 5-8 Note: Your parts	p (X4) Point R to right, small R step forward, Point L to left, small L step forward Repeat steps 1-4 ner passes you on your left
1-2. 5-8 Note: you can a	Rocks (X4) or ¼ Turning KBC (X4) Step R fwd, paddle ¼ turn to left Repeat 3 more times until you've turn ½ around to the left (facing partner again) Iso choose to do Right Kick-Ball-Changes for counts 5-8 instead □ facing your partner again
PART B SB1: Basic Disc Note: Hold parts 1-4. 5-6. 7-8.	co Rock, Turning Disco Rock her's hands R rocking chair (angle body slightly to the left, keeping partner on your right side) Step R fwd, 1/2 right step L back Rock R back, recover weight to L
SB2: Basic Disco Rock, Turning Disco Rock1-8Repeat all of S1	
 SB3: Twists R, Twist L (Release hand hold) 1-4. Twist both heels R, twist both toes R, twist both heels R, hold 5-8 Twist both heels L, twist both toes L, twist both heels L, hold 	

SB4: Out, Out, Heel Taps & Hip Bumps

- 1-2 Step R to side, hold (R arm up, palm face fwd)
- 3-4 Step L to side, hold (L arm up, palm face fwd)
- 5-8. Bounce/Tap R heel, and bump hips. At the same time bring both hand's down wriggling fingers like snow falling.

Enjoy!

MERRY CHRISTMAS & A HAPPY NEW YEAR!



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