Rip, Dip & Flip It



Count: 48 Wall: 4 Level: Beginner

Choreographer: Myra Harrold (SCO) - December 2018

Music: Rocket to the Moon - Jools Holland : (Album: Moving Out To The Country)



Intro: 24 Counts, Start On Vocals

S1: R FWD DIAGONAL, LOCK, STEP, TOUCH, L FWD DIAGONAL, LOCK, STEP, TOUCH

1-8 Rf Fwd Diagonal R,Lock Lf Behind Rf,Rf Fwd,Touch L Toe To R Heel,Lf Fwd Diagonal L,Lock Rf Behind Lf,Lf Fwd,Touch R Toe To L Heel (12)

S2: STEP BACK, KICK, CLAP X 4

1-8 Rf Back, Kick Lf Across Rf(Clap) Lf Back, Kick Rf Across Lf(Clap) Repeat The Last 4 Counts Travelling Back (12)

S3: WEAVE R,KICK,WEAVE L,1/4 TURN,KICK,

1-8 Rf To R,Lf Across Rf,Rf To R,Kick Lf Diagonal L,Lf To L,Rf Across Lf,1/4 Pivot R,Lf Back,Kick Rf Fwd (3)

S4: ROCK BACK.RECOVER.ROCKING CHAIR.2 STOMPS

1-8 Rf Rock Back,Recover On Lf,Rf Rock Fwd,Recover On Lf,Rf Rock Back,Recover On Lf,Stomp Rf,Lf (3)

S5: MONTEREY 1/4 TURN, JAZZ BOX 1/4 TURN

1-8 Touch R Toe To R,Pivot 1/4 R,Close Rf To Lf,Touch L Toe To L,Close Lf To Rf,Cross Rf
Over Lf,Turn 1/4 R,Step Lf Back,Step Rf To R Side,Cross Lf Over Rf (9)

S6: LONG STEP, DRAW, ROCK, RECOVER, FOOT SWIVELS TRAVELLING L 1-4 Long Step Rf To R, Draw Lf To Rock Lf Behind Rf, Recover On Rf, (9)

5-8 Step Feet Together To Swivel Heels L,Swivel Toes L,Swivel Heels L,Swivel Toes L (Travelling L) (9)

No Tags, No Restarts - Just Have Fun