

Wasted Time

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: April Barker – January 2019

Music: Wasted Time, by Keith Urban



INTRO- 16 COUNTS

Start with lyrics, approx. :10 in

SECTION 1- Grapevine/step kicks

- 1,2 : Step to the R, cross L behind R
- 3,4 : Step onto R, then quickly do a heel kick into ground with L, put weight back onto L, and cross R in front of L
- 5,6 : Step to the L onto L, cross R behind L
- 7,8 : Step onto L, then quickly do a heel kick into the ground with R, put weight back onto R, and cross L in front of R

SECTION 2- Traveling full turn, steps forward, heel twists

- 1,2,3,4 : Do a full turn while progressing to the R, RLRL
- 5,6 : Step forward, LR, with feet together at the end
- 7&8 : Twist on the ball of the foot, moving heels quickly RLR

SECTION 3- Toe taps, heel kicks

- 1,2 : Toe tap R, Toe tap L
- 3,4 : Heel kick R, Heel kick L
- 5,6 : Tap L toe behind you twice
- 7,8 : Scuff L and kick, turning $\frac{1}{4}$ to the right/clockwise before landing on L facing new wall

SECTION 4- Hip bumps

- 1,2 : Bump hip out to the L twice
- 3,4 : Bump hip out to the R twice
- 5,6 : Bump hip L, then R
- 7&8 : Bump hip out to the L twice

No Tag Or Restarts, continue to repeat walls until the song is finished.

Optional: We like to raise our hands in the air during section 4, and wave them back and forth as we shake our hips!