

Ala-Freakin-Bama

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 2

Level: Beginner

Choreographer: Judi Bisher-Schuler (USA) - February 2019

Music: Ala-Freakin-Bama - Trace Adkins



Right and Left Stomp, Toe fans

- 1,2,3,4 Stomp Right foot forward, fan toes out right, left, and forward.
5,6,7,8 Stomp Left foot forward, fan toes out left, right, and forward.

Toe Struts forward

- 1,2 Step on Right toe, drop heel.
3,4 Step on Left toe, drop heel.
5,6 Repeat counts 1,2
7,8 Repeat counts 3,4

Shuffle Back, Right, Left, Right, Left

- 1&2 Step back Right, Left, Right
3&4 Step back Left, Right, Left
5&6 Step back Right, Left, Right
7&8 Step back Left, Right, Left

6 Count Vine Right with Half turn Right, Stomp Right, Left

- 1,2,3,4 Step Right, left foot behind, step right making $\frac{1}{4}$ turn right, step left making $\frac{1}{4}$ turn right,
5,6,7,8 step right behind left, step left, stomp right foot then left foot.

Repeat.
