

# Micho Russel's

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Magali Chabret - March 2019

Music: Micho Russel's (Seamus Brett, CD : Celebration Of Riverdance & Lord Of The Dance, January 2014)



## #40 counts intro (22 seconds)

### S1 : STOMP, STOMP, HELL SPLIT TWICE, ¼ TURN L, ROCKING CHAIR

- 1-2 Stomp Rf forward – stomp Lf behind Rf  
&3&4 Split both heels out – split both heels in – split heels out – split heels in (taking weight on Rf)  
5-6 Turn ¼ left and rock Lf forward – recover onto Rf (9:00)  
7-8 Rock back on Lf – recover onto Rf

### S2 : POINT SWITCHES, CLAP, CLAP, POINT SWITCHES, ¼ TURN L, STEP TOGETHER

- 1&2& Point left toes forward – close Lf next to Rf – point right toes forward – close Rf next to Lf  
3&4 Point left toes to left side – clap – clap  
5&6& Point left toes forward – close Lf next to Rf – point right toes forward – close Rf next to Lf  
7-8 Point left toes to left side – turn 1/4 left stepping Lf next to Rf (6:00)

### S3 : FWD TRIPLE, TRIPLE ½ TURN R, BACK ROCK, SCUFFF, HITCH, STOMP

- 1&2 Step Rf forward – step Lf beside Rf – step Rf forward  
3&4 Turn 1/4 right stepping Lf to side – step Rf beside Lf – turn 1/4 right stepping back on Lf (12:00)  
5-6 Rock back on Rf – recover onto Lf  
7&8 Scuff right heel forward – hitch right knee – stomp Rf forward

### S4 : FWD TRIPLE, ¼ TURN L & RIGHT CHASSE, BACK ROCK, SCUFF, HITCH, STOMP

- 1&2 Step Lf forward – step Rf beside Lf – step Lf forward  
3&4 Turn 1/4 left stepping Rf to side – step Lf beside Rf – step Rf to side (9:00)  
5-6 Rock back on Lf – recover onto Rf  
7&8 Scuff left heel forward – hitch left knee – stomp Lf forward

No Tag, No Restart !

« Croquez la vie à pleines danses ! » Magali Chabret - [galicountry76@yahoo.fr](mailto:galicountry76@yahoo.fr) - [www.galichabret.com](http://www.galichabret.com)  
Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.