Con Calma



Count: 32 Wall: 4 Level: High Beginner

Choreographer: Yona Mirda (INA) - March 2019

Music: Con Calma by Daddy Yankee & Snow



Intro: 16 counts

[1 - 8] SKATE FWD DIAG, SHUFFLE DIAG, SKATE BACK DIAG, SHUFFLE BACK DIAG

1 – 2	Skate R fwd diag – skate L fwd diag
3 & 4	Step R fwd diag – L beside R – R fwd diag
5 – 6	Skate L back diag – skate R back diag

7 & 8 Step L back diag – R beside L – L back diag ...(11.30)

[9 - 16] SWIVEL IN TOES & HEELS, 3/8 TURN RIGHT TWIST, SIDE SAMBA

1 – 2	Swivel both toes in – swivel both heels in	

3 & 4 Make 3/8 turn swivel both toes to right – both heels to right – both toes to right .. (3.00)

5 a6 Rock L to side – recover on R – close L beside R
7 a8 Rock R to side – recover on L – close R beside L

[17-24] CROSS & SIDE TOUCH, CROSS SAMBA

1 – 2	L cross touch – L side touch (4.30)
3 a4	Cross L over R – rock R to side – recover on L (1.30)
5 – 6	R cross touch – R side touch
7 a8	Cross R over L – rock L to side – recover on R (3.00)

[25-32] SAMBA WEAVE, CROSS SAMBA, SAMBA ½ TURN

1 a2	Cross L over R – R to side – L behind R
a3 a4	R to side – R over L – rock R to side – recover on L
5 a6	Cross R over L – rock L to side – recover on R

7 a8 Step L fwd – rock R fwd – turn ½ left recover on L ... (9.00)

*Restarts happen on Wall 4 (after 16 counts)

Wall 7 (after 8 counts)

Enjoy the dance!!

Contact email: yona.mirda@gmail.com

^{*}Restart here on wall 7

^{*}Restart here on wall 4