Mira, Sofia



Count: 32 Wall: 4 Level: Beginner

Choreographer: Sunny Jeong (KOR) - July 2019

Music: Sofia - Álvaro Soler



Dance begins on vocal

[Sec.1] ROCK FORWARD, RECOVER, BACK SHUFFLE, ROCK BACK RECOVER, FORWARD SHUFFLE

1-2 RF rock fwd, LF recover
3&4 Fwd shuffle(RF, LF, RF)
5-6 LF Rock Bwd, RF Recover

7&8 Fwd Shuffle(L,R, L)

[Sec.2] ROCK SIDE, TURN 1/4 L FORAWARE, KICK BALL CHANGE, ROCK SIDE, RECOVER, BEHIND, SIDE, CROSS,

1-2 RF Rock Side , Turn1/4 L LF Fwd (9;00)3&4 RF Kick Fwd, RF Ball Tgether, LF Recover

5-6 RF Rock Side, LF Recover

7&8 RF Step Bhind, LF Side, RF Cross

ISec.3IROCK SIDE, RECOVER, TURN 1/4L SAILOR STEP, COASTER STEP,

1-2 LF Rock Side, RF Recover

3&4 Turn 1/4 Turn L LF Bhind, RF Tgether, LF Side (6.00)

5-6 RF Fwd, LF Recover

7&8 RF Bwd, RF Together, RF Fwd

[Sec.4]CROSS, TOUCH, CROSS, TOUCH, 1/4L JAZZ BOX TOUCH TOGETHER

1-2 LF Cross over, RF Touch Side3-4 RF Cross over, LF Touch Side

5-8 LF Cross over, RF 1/4 L Backward, LF Side, RF Touch Together (3;00)

[Tag] 2x, 4 Count After Wall 2 & 7

FORWARD HOLD WITH SHIMMY, RECOVER, TGETHER TOE TUCHO

1-4 RF step forward hold (With shimmrmy (1,2), LF recover(3), RF touch together

[Restart] on wall 5: Then change counts 7&8 to 7-8 with 'LF rock Back, RF Recover' and Restart the dance.

Enjoy the dance~♀

Contact: hani3756@gmail.com