Back To Your Arms

Level: Improver Country

Choreographer: Christina Yang (KOR) - July 2019 Music: Sea of Heartbreak - Anne Murray

Start the dance after 16 counts

Count: 32

SECTION 1: SIDE, JAZZ BOX, CROSS, SIDE, BACK ROCK, RECOVER, SIDE, 1/4 TURN TO L WITH BACK ROCK. RECOVER

- 1-2 RF side, LF cross over RF
- 3&4 RF backward, LF side, RF cross over LF
- LF side, RF cross rock behind LF, LF recover 5-6&
- 7-8& RF side, 1/4 turn to L with LF cross rock behind RF, RF recover

SECTION 2: FORWARD, ROCKING CHAIR, FORWARD, KICK, BACKWARD, COASTER STEP

- 1 LF forward
- 2&3& RF forward rock, LF recover, RF backward rock, LF recover
- 4-6 RF forward, LF forward kick, LF backward
- RF backward, LF closed RF, RF forward 7&8

SECTION 3: 1/2 TURN TO R WITH CHASE TURN, FULL TURN TO L, FORWARD, 1/4 TURN TO R WITH **PIVOT TURN, CROSS, SIDE**

- 1-3 LF forward, 1/2 turn to R with weight change to RF, LF forward
- 4&5 1/2 turn to L with RF backward, 1/2 turn to L with LF forward, RF forward
- 6-7 LF forward, 1/4 turn to R with RF side
- 88 LF cross over RF, RF side

SECTION 4: CROSS BEHIND, SIDE, CROSS SHUFFLE WITH SWEEP, CROSS, 1/4 TURN TO R WITH BACKWARD, SIDE, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER

- LF cross behind RF, RF side, LF cross over RF, RF side 1&2&
- 3-4&5 LF cross over RF and RF sweep from back to front, RF cross, 1/4 turn to R with LF backward, RF side
- 6&7 LF cross rock over RF, RF recover, LF side
- 8& RF cross rock over LF, LF recover

NO TAG, NO RESTART

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Last Update - 2 Aug 2019





Wall: 4