

A Fire In My Heart

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Frédérique Sorolla (FR) - July 2018

Music: There Is a Fire - National Park Radio



Structure of the dance : 32 /32/32/32 // 32/32/32/32 // 24 / Hold + 8 / 32 / 24 / Hold + 8 + 1/4T to R & Stomp R
No Tag, No Restart
Proposed in workshop at the American Days of Saint Andiol (France, August 03 2019). Many thanks to
Valérie Martinez

Introduction : After the violin solo, count 32 accounts

I (1 - 8) - ROCK STEP SIDE R, 3 STOMPS ON PLACE* - ROCKSTEP SIDE L , 3 STOMPS ON PLACE*

- 1,2 right step to right side, recover on left foot to left
- 3&4 3 stomps R / L / R : right foot next to left foot, then on place left and right feet
- 5,6 left step to left side, recover on right foot to right
- 7&8 3 stomps L / R / L : left foot next to right foot, then on place right and left feet

II (9 - 16) - TRIPLE STEP FWD R/L/R & L/R/L – R HEEL FWD, TOGETHER, L TOUCH BACK , 3 STOMPS ON PLACE**

- 1&2 pas chassé forward R / L / R : right step forward, left foot close to right foot, right step forward
- 3&4 pas chassé forward L / R / L : left step forward, right foot close to left foot, left step forward
- 5&6 right heel forward, right foot next to left foot, left toe back
- 7&8 3 stomps L / R / L : left foot next to right foot, then on place right and left feet

III (17 - 24) - ROCKSTEP FWD, 1/4T TO R with R STOMP SIDE to R , 2 STOMPS ON PLACE – JAZZ BOX

- 1,2 right step forward, recover on left foot back
- 3&4 1/4T to right with right stomp to right side, then on place left and right stomps 3H
- 5,6 left cross over right foot, right step back
- 7,8 left step to left side, right step forward

HERE : In the 3 round, end of the 1st wall facing 3am, and after end of the 3rd wall facing 9am, there is a musical break. Make a HOLD (4 quick counts), then do Section IV

IV (25 - 32) - L HEEL FWD, TOGETHER, R HEEL FWD, TOGETHER - (CROSS SHUFFLE SIDE R) X 2

- 1,2 left heel forward, left foot close to right foot
- 3,4 right heel forward, right foot close to left foot
- 5&6 left cross over right foot, right step side to right, left cross over right foot
- & right step side to right
- 7&8 left cross over right foot, right step side to right, left cross over right foot

HERE : At the last wall to finish facing 12H, add 1/4T TO R with R STOMP on the right

GOOD LUCK AND HAVE FUN !

More difficult option for insiders, instead of 3 stomps on place :

* COASTER STEP : R/L/R for the 1st - L/R/L for the 2nd

** L HEEL FWD, TOGETHER, R TOUCH BACK

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