Caught Up In The Country

Count: 64 **Wall:** 2 **Level:** Intermediate

Choreographer: Adrian Lefebour (AUS), Jessica Lamb (AUS) & Cynthia Rennolds (AUS) - July 2019

Music: Caught Up In The Country - Rodney Atkins (2.41)

Notes: 16 count intro from the start of the song

[1-8] Touch, Hitch, Step Together, Touch, Hitch, Step Together, Rock Fwd, Replace, Coaster Step

1,2&	Touch R toe to R side, Hitch R knee up, Step R next to L
3,4&	Touch L toe to L side, Hitch L knee up, Step L next to R
5,6	Rock R fwd, Replace weight on L
7&8	R Coaster Step

[9-16] 1/2 Pivot Turn, Shuffle Fwd, 1/4 Paddle Turn, Cross Shuffle

1,2	Step L Fwd, 1/2 Pivot turn R (weight on R) (6.00)
3&4	L Shuffle Fwd
5,6	Step R Fwd, 1/4 Paddle turn L (weight on L) (3.00)
7&8	R Cross Shuffle – Step R across L, Step L to L side, Step R across L

[17-24] Side Rock, Replace, Behind, Side, Fwd, Rock Fwd, Replace, 1/2 Shuffle Fwd

1,2	Rock L to side, Replace weight on R
3&4	Step L behind R, Step R to R side, Step L fwd
5,6	Rock R fwd, Replace weight back on L
7&8	1/2 Turn R step R fwd, step L next to R, Step R fwd (9.00)

[25-32] Out, Out, In, In, Step Back, Heel, Together, Step Fwd, Kick Ball Step, 1/4 Paddle Turn

&1&2	Step L Out to L side, Step R Out to R side, Step L in, Step R next to L
&3&4	Step L slightly back, Place R heel at R 45, Ball Step R next to L, Step L fwd
5&6	Kick R fwd, Ball step R next to L, Step L fwd
7,8	Step R fwd, 1/4 Paddle turn L (6.00)

[33-40] Weave Across, Touch Side, Step Across, 1/4 Turn, Step Back, Touch Back

1,2	Step R across L, Step L to L side
3,4	Step R behind L, Touch L toe to L side (Slightly angling the body to R 45)
5,6	Step L across R, 1/4 Turn L step R back (3.00)
7,8	Step L back, Touch L toe back

[41-48] Heel, Together, Heel, Touch Toe, Step Back, Heel, Together, Heel, Touch Toe, Step Back, Heel, Together, Step Fwd

1&2	Place R heel fwd, Step R next to L, Place L heel fwd
&3&4	Step L down, Touch R toe behind L, Step R back, Place L heel fwd
&5&6	Step L next to R, Place R heel fwd, Step R down, Touch L toe behind R
&7&8	Step L back, Place R heel fwd, Step R next to L, Step L fwd (3.00)

[49-56] 1/4 Paddle Turn, 1/4 Paddle Turn, Step Across, Step Side, Behind, Side, Heel

1,2	Step R fwd, 1/4 Paddle turn L (12.00)
3,4	Step R fwd, 1/4 Paddle turn L (9.00)
5,6	Step R across L, Step L to L side
7&8	Step R behind L, Step L slightly to side, Place R heel fwd to R 45

[57-64] Together, Step Across, 1/4 Turn, Coaster Step, Jazz Box Cross

&1,2	Step R next to L, Step L across R, 1/4 Turn L step R back (6.00)
3&4	L Coaster Step
5,6,7,8	Step R across, Step L back, Step R to R side, Step L across R

RESTART – Wall 3 – Start dance at 12.00 wall.
Do to count 53 then make a 1/4 L step L back, Rock R back and Replace weight fwd on L and start dance again at 12.00 wall

Option for Wall 3 & 4 – During the first 8 counts only add a Clap on every 2nd count.
