About Last Night



Count: 96 Wall: 1 Level: Phrased Advanced

Choreographer: Debbie Rushton (UK) - August 2019

Music: About Last Night - Outasight



Count in: After 16 counts (on lyrics) SEQUENCE – ABAB TAG ABB TAG

PART A - 64 COUNTS

(1-8) SIDE BACK ROCK, R SHUFFLE, STEP ½ TURN, ROCK RECOVER

Step L to L, Rock R behind L, Recover fwd onto L (angle body to face 1oclock)
 Travelling fwd to R diagonal step R fwd, Lock L behind R, Step R fwd (1oclock)
 Step L fwd, Make ½ turn over L shoulder stepping R back (still on diagonal)

8& Rock L out to L side, Recover onto R (7oclock)

(9-16) CROSS HOLD & BEHIND HOLD & CROSS & BEHIND & CROSS SWEEP

1 2 Squaring up to back wall cross L over R, Hold&3 4 Step R to R side, Cross L behind R, Hold

Whilst making a gradual arching ¼ turn L, Step R to R side, Cross L over R, Step R to R

side, Cross L behind R

&7 8 Step R to R side, Cross L over R, Sweep R around (3oclock)

(17-24) CROSS 1/4 TURN, SHUFFLE 1/2 TURN, DIAMOND STEP

1 2 Cross R over L, Make ¼ turn R stepping back on L (6oclock)
3&4 Shuffle ½ turn over R shoulder stepping R L R (12oclock)

5&6 Cross L over R, Step R to R side, Make 1/8 turn L stepping back on L (11oclock)

7&8 Step back on R, Make 1/8 turn L stepping L to L side, Make 1/8 turn L stepping R forward

(7oclock)

(25-32) STEP TURN, FULL TURN, OUT OUT TOUCH BUMP & BUMP

1 2 Step L forward and pivot 3/8 turn R taking weight fwd onto R (12oclock)
3 4 Make ½ turn R stepping L back, Make ½ turn R stepping R fwd (or walk walk)

Step L out to side, Step R out to side, Touch L beside R
Step L to L and bump hips to L twice (end with weight L)

(33-40) STEP LOCK & LOCK & LOCK, JAZZ BOX 1/4 TURN

Step fwd on R, Lock L behind R and hitch R knee up
Step fwd on R, Lock L behind R and hitch R knee up
Step fwd on R, Lock L behind R and hitch R knee up

5678 Cross R over L, Step L back, Make ¼ turn R stepping R to R, Step L fwd (3oclock)

(41-56) REPEAT ABOVE 8 COUNTS TWO MORE TIMES (STEP LOCKS & JAZZ BOX)

(57-64) STEP ½ TURN, STEP ½ REVERSE TURN, ¼ SIDE HOLD, HEEL TOE HEEL HITCH

1 2 Step R forward, Pivot ½ turn L taking weight forward onto L (3oclock)

3 4 Step R forward, Make ½ turn R stepping back on L (9oclock)
5 6 Make ¼ turn R stepping R to R side, Hold count 6 (12oclock)
&7&8 Swivel L heel in, Swivel L toe in, Swivel L heel in, Hitch L knee up

PART B - 32 COUNTS

(1-8) SIDE ROCK, CROSS SHUFFLE, BOX 3/4 TURN

1 2 Rock L out to L side, Recover weight onto R (12oclock)
3&4 Cross L over R, Step R to R side, Cross L over R

5 6	Step R to R side, Make ¼ turn L stepping L to L side (9oclock)
7 8	Make ¼ turn L stepping R to R side, Make ¼ turn L stepping L to L side (3oclock)

(9-16) CROSS ROCK SIDE CROSS & 3/4 UNWIND ROCK & CROSS

1 2 Cross rock R over L, Recover back onto L

3 4 Step R to R side, Cross L over R

&5 6 Step R to R side, Lock L behind R, Unwind ¾ turn L taking weight onto L

7&8 Rock R out to R side, Recover onto L, Cross R over L (6oclock)

(17-32) REPEAT ABOVE 16 COUNTS – (every Part B is 16 counts repeated twice)

TAG - 16 COUNTS

(1-8) SIDE TOGETHER SIDE TOUCH, BODY ROLL R, BODY ROLL L

1234 Step L to L side, Step R beside L, Step L to L, Touch R beside L (12oclock)

Step R to R side & do R body roll, Touch L beside R
Step L to L side & do L body roll, Touch R beside L

(9-16) SIDE TOGETHER SIDE TOUCH, BODY ROLL L, BODY ROLL R

1234 Step R to R side, Step L beside R, Step R to R, Touch L beside R

5 6 Step L to L side & do L body roll, Touch R beside L
7 8 Step R to R side & do R body roll, Touch L beside R

Contact: debmcwotzit@gmail.com