Simply Soul Shake

Count: 32 **Wall:** 2 **Level:** Absolute Beginner
Choreographer: Geoff Styles (UK) - September 2019
Music: Soul Shake - Tommy Castro

Intro: 80 counts (30 seconds), start on lyrics

S1: Diagonally R, together, R, touch & clap, Diagonally L, together, L, touch & clap

1-2	Step diagonally forward right, step left next to right
3-4	Step diagonally forward right, touch left next to right & clap
5-6	Step diagonally forward left, step right next to left
7-8	Step diagonally forward left, touch right next to left & clap

Option: Do this section with Motown arm movements

S2: Step Back Touch & Clap x 4

9-10	Step back on R foot, touch L foot next to R & clap
11-12	Step back on L foot, touch R next to L foot & clap
13-14	Step back on R foot, touch L next to R foot & clap
15-16	Step back on L foot, touch R next to L foot & clap

S3: Point side R, hitch L, step side R, touch L, point side L, hitch L, step ¼ L brush R

17-18	Point R toe to R side, hitch R knee next to L
19-20	Step R foot to R side, touch L foot next to R
21-22	Point L toe to L side, hitch L knee next to R
23-24	Step L foot ¼ L, brush R foot past L (9 o'clock)

S4: R rocking chair, step forward R, pivot 1/8 turn L, step forward R, pivot 1/8 turn L

25-26	Rock forward on R foot, recover weight on L
27-28	Rock back on R foot, recover weight on L
29-32	Step forward on R foot, pivot 1/8 turn L
31-32	Step forward on R foot, pivot 1/8 turn L (6 o'clock)

REPEAT Have fun
Last Update - 7 Oct. 2019