

Cowboy Up Stomp

COPPER KNOB
BY COUNTRY

Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: DEE DEE Dougherty-Lottie – October 2019

Music: Cowboy Up by Jill Johnson, The Woman I've Become by Jill Johnson



(Intro: 16 counts)

WALK FORWARD 3 RLR, HEEL HEEL, WALK BACK 3 LRL, HEEL HEEL

1,2,3 & 4 Walk Forward 3 RLR, Tap/Stomp L Heel 2x

5,6,7 & 8 Walk Back 3 LRL, Tap/Stomp R Heel 2x

HIP BUMP BK, R 2x / HIP BUMP FWD L 2x, SGL HIP BUMPS w/TURN

1,2,3,4 Step Back R, Hip Bump Back R 2x, Step Forward L, Hip Bump Fwd L 2x

5,6,7,8 Single Hip Bump R/Back, L/Forward, R/Back, Step.Turn 1/4 L

VINE R & TOUCH / VINE L & TOUCH

1,2,3,4 Step R to R, Cross/Step L Behind R, Step R, Touch L

5,6,7,8 Step L to L, Cross/Step R Behind L, Step L, Touch R

BACK UP 4, RLRL, JUMP OUT, OUT, CLAP, IN, IN, CLAP

1,2,3,4 Back Up R, L, R, L

& 5, 6 Jump Forward R - Out, L - Out, Clap

& 7, 8 Jump Back & Together R - In, L - In, Clap

REPEAT — HAVE FUN!!!

* Step sheet compliments of Dance with Dee Dee.*

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