Heart Body & Soul



Count: 32 Wall: 4 Level: Beginner

Choreographer: Yvonne Anderson (SCO), Ira Weisburd (USA) & Ruben Luna (USA) - October

2019

Music: Far to Go - Ronnie Beard



Genre: Country Line Dance

Introduction: 16 count instr., start on vocal @ approx. 11 sec.

*NO TAGS !! NO RESTARTS !!

PART I. (CROSS ROCK, RECOVER, L SIDE SHUFFLE; CROSS ROCK, RECOVER, R SIDE SHUFFLE)

1-2 Rock L across R, Recover weight on R

3&4 Step L to L, Step-close R beside L, Step L to L

5-6 Rock R across L, Recover weight on L

7&8 Step R to R, Step-close L beside R, Step R to R

PART II. (CROSS, SIDE, BEHIND, SWEEP, BEHIND, 1/4 L TURN, FORWARD, LOCK, STEP)

1-2 Step L across R, Step R to R

3-4 Step L Behind R, Sweep R out and around from front to back 5-6 Step R behind L, make 1/4 Turn L stepping L forward (9:00)

7&8 Step R forward, Step L behind R, Step R forward

PART III. (ROCK FORWARD, RECOVER, ROCK BACK, RECOVER; FORWARD, PIVOT 1/4 R, FORWARD, PIVOT 1/4 R)

1-2	Rock L forward, Recover weight on R
3-4	Rock L back, Recover weight on R
5-6	Step L forward, Pivot 1/4 Turn R (12:00)
7-8	Step L forward, Pivot 1/4 Turn R onto R (3:00)

PART IV. (CROSS, POINT, CROSS, POINT; CROSS, BACK, SIDE ROCK, RECOVER)

1-2 Step L across R, Point R toes to R

3-4 Step R across L, Point L toes to L (Note: Counts 1-4 travel forward)

5-6 Step L across R, Step R back7-8 Rock L to L, Recover weight on R

REPEAT DANCE.

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