The Git Up

Count: 160 **Wall:** 1 **Level:** Phrased Beginner / Improver

Choreographer: Blanco Brown (USA), Damon D'Amico (USA) & Dave Serfling (USA) - October 2019

Music: The Git Up - Blanco Brown

Intro: 32 count - Pattern: A, B, A, C, A, D, A, E, A

PART A: MAIN PATTERN OF THE DANCE
CHARLESTON w/SWIVEL, WEAVE 2, STAMP, SIDE, CROSS, FULL TURN LEFT

1&2	Rock forward on Rt heel with toe pointed in, turn toe out replace weight to Lt, step back Rt
3-6	Hook Rt behind Lt, step side Rt, stamp Lt next to Rt, step side left with Lt
7-8	Cross Rt over Lt ¼ turn left, continue additional ¾ turn left unwinding with weight on Lt (12:00)

HOEDOWNS, TOES IN OUT, BACK ON HEELS, DOWN

1&2&	Kick Rt to right side, replace, kick Lt to left side, replace
3&4&	Kick Rt to right side, replace, kick Lt to left side, replace
5-6	Lower down bring knees and toes in, turn them out
7-8	Go back on heels with toes up, step side left on Lt

HOOK, SIDE, TOGETHER SWEEP, WALK ¾ TURN LEFT, TAKE A SIP, BACK, BACK

1-2	Hook Rt behind Lt, step side left with Lt,
3-4	Step Rt next to Lt with a low hand sweep from right to left, step side left with Lt with a ¼ turn left
5-6	Step Rt Back Turn ¼ left, step Lt back turn ¼ left
7-8	Step Rt back make a hand gesture “take a Sip”, step Lt back

SHIMMY BACK 4, WALK FORWARD ¼ PIVOT LEFT, STEP TOGETHER

1-2	Step Rt back lean back and shimmy, step Lt back lean back and shimmy
3-4	Step Rt back lean back and shimmy, step Lt beside Rt
5-6	Step Rt forward, step Lt forward
7-8	Step Rt forward turn ¼ Lt, step Lt beside Rt (12:00)

PART B: GRAPEVINES, HAND ON YOUR SIDE, ROLL YOUR SHOULDERS, SLIDE GRAPEVINE LEFT, GRAPEVINE RIGHT

1-4	Step LF to LF, Step RT behind LF, Step LF to LF, Touch RT beside LF
5-8	Step RT to RT, Step LF behind RT, Step RT to RT, Touch LF beside RT

HOLD UP LEFT HAND, PUT IT ON YOUR SIDE, HIP BUMPS

1-4	Stomp LF to LF Hold LF hand up in the air, Hold, Hold, Hold
5-8	Put Left Hand on Lt Hip and bump Hips right, left, right, left

ROLL YOUR SHOULDERS, SLIP AND SLIDE

1-2	Move Shoulders LF and raise LF Shoulder, Move Shoulders RT and raise RT Shoulder
3-4	Move Shoulders LF and raise LF Shoulder, Move Shoulders RT and raise RT Shoulder
5-8	Hold, Step LF beside RT, Lift RT Knee, Step RT to RT and drag Left Beside RT

FREESTYLE

1-8	Do whatever you want here. Have Fun (12:00)

PART C: SLIDE LF & RT, COOL DOWN, SLIDE LF & RT, BUTTERFLY, ROUND & ROUND, FREESTYLE SLIDE TO THE LF, SLIDE TO THE RT, NOW COOL DOWN

1-4 Step LF to LF, Drag RT to LF, Step RT to RT, Drag LF to RT
5-8 Step in place left, right, left, right and Fan Face with RT Hand,

SLIDE TO THE LF AND RT, DO THE BUTTERFLY
1-4 Step LF to LF, Drag RT to LF, Step RT to RT, Drag LF to RT
5-6 Step LF to LF Turning Toes, Knees and Hands inward, Turn Toes, Knees and Hands out
7-8 Turn Toes, Knees and Hands in, Turn Toes, Knees and Hands out

GRADUALLY ROTATE 360 DEGREES COUNTER-CW WHILE MAKING A LASSO MOTION ABOVE HEAD WITH RIGHT HAND
&1&----&7&8 16 steps starting with Lt foot

FREESTYLE
1-8 Do whatever you want here. Have Fun (12:00)

PART D: DOUBLE GRAPEVINE LF AND RT, CRISS CROSS
GRAPEVINE LF, CHASE' LF
1-4 Step LF to LF, Step RT Behind LF, Step LF to LF, Step RT Beside LF
5-8 Get Low and Step LF to LF, Step RT Beside LF, Stay Low and Step LF to LF, Touch RT Beside LF

GRAPEVINE RT, CHASE' RT
1-4 Step RT to RT, Step LF Behind Rt, Step RT to RT, Step LF Beside RT
5-8 Get Low and Step RT to RT, Step LF Beside RT, Stay Low and Step RT to RT, Step LF Beside RT

TAKE IT DOWN AND CRISS CROSS, BRING IT UP AND CRISS CROSS
1-4 Step RT forward, Step LF forward and apart, get Low Bees Knees
5-8 Step RT forward, Step LF forward and apart, stand Tall Bees Knees

IT BACK AND FREESTYLE
1-4 Step Back RT, Step Back LF, step Back RT, Step LF Beside Rt
5-8 Freestyle (12:00)

PART E: FREESTYLE
ROLLING VINE TO THE LEFT AND RIGHT
1-4 Turn ¼ left with LF step forward, turn ½ turn left step back RF, turn ¼ left step side w/LF, touch LF
5-8 Turn ¼ right with RF step forward, turn ½ turn right step back LF, turn ¼ left step side w/RF, touch RF

SLAP LEATHER OR SLAPPING LEATHER
1-2 Step side left LF, kick RF behind and slap with left hand
3-4 Step side right RF, kick LF behind and slap with right hand
5-6 Step side left LF, kick RF in front and slap with left hand
7-8 Step side right RF, kick LF in front and slap with right hand

STEP SLIDE STEP FORWARD AND BACK
1-2 Step diagonally forward towards 10:30 with LF, step RF next to LF
3-4 Step diagonally forward towards 10:30 with LF, touch RF next to LF
5-6 Step diagonally back towards 4:30 with RF, step LF next to RF
7-8 Step diagonally back towards 4:30 with RF, touch LF next to RF

FREESTYLE
1-8 Do whatever you want here. Have Fun (12:00)

Contact: Dave Serfling or the Rockin' Horse Dance Barn
11820 150 th Ave SE, Renton, WA 98059 • 425-255-9211 www.learn2dance4fun.com
We have videos on YouTube.
