# Shake A Little Soul

**Count:** 32 **Wall:** 4 **Level:** High Beginner
**Choreographer:** Glenis Martin (CAN) - November 2019
**Music:** Soul Shake - Tommy Castro

**With many thanks to Marie McLeod for the Chase turn suggestion**

**NO TAGS, NO RESTARTS!!**

**Intro: 80 counts (start on lyrics)**

**S1: GRAPEVINE RIGHT, KICK LEFT, GRAPEVINE LEFT, KICK RIGHT**

| | |
|---|---|
| 1,2,3,4 | Step RF to right side, step LF behind RF, step right, kick LF forward diagonally |
| 5,6,7,8 | Step LF to left side, step RF behind LF, step left, kick RF forward diagonally |

**S2: CROSSING TOE STRUT RIGHT OVER LEFT, ¼ TURN RIGHT, WEAVE (3:00)**

| | |
|---|---|
| 1,2, | Crossing RF over LF touch on toe, step right heel down, |
| 3,4 | Step back touch left toe, step left heel down |
| 5,6,7,8 | ¼ turn right stepping on RF, cross LF over RF, step right, step LF behind RF |

**S3: MONTEREY ¼ TURN RIGHT, SIDE ROCK, RECOVER, BACK ROCK, RECOVER (6:00)**

| | |
|---|---|
| 1,2 | Point RF to right, ¼ turn right stepping RF next to LF |
| 3,4 | Point LF to left, step LF next to right |
| 5,6,7,8 | Rock RF to right side, recover onto LF, rock RF back, recover onto LF |

**S4: CHASE TURN ½ LEFT, HOLD, ¼ TURN RIGHT, BOUNCE HEELS TWICE (3:00)**

| | |
|---|---|
| 1,2,3,4 | Step forward RF (1), make a 1/2 turn left stepping fwd LF (2) step right (3), hold (4) |
| 5,6,7,8 | Step fwd left (5), make ¼ turn right (with weight on both feet for 6), bounce heels x 2 (7,8) |

**Start the dance again**

**Enjoy**

**CONTACT:**
**Email: Glenis Martin letslinedance@telus.net**
**Phone: 1-403-259-6109**