

# Ain't No Thang

Count: 32

Wall: 2

Level: Beginner

Choreographer: Stefano Ciaccio (IT) - November 2019

Music: Ain't No Thang - Trea Landon



Start on lyric

Restart: Fifth repetition after 16 counts

## SEZ.1: ROCKING CHAIR, KICK, ROCK BACK, BREAK TIME

1,2,3,4      Rock right forward, recover to left, rock right back recover to left  
5,6          Kick kick right forward  
7,8          Rock back right, break time

## SEZ.2: COASTER STEP, SCUFF, STEP RIGHT, SCUFF, STEP LEFT, SCUFF

1,2,3,4      Coaster step left, scuff right  
5,6          Step right, scuff left  
7,8          Step left, scuff right

## SEZ.3: GRAPEVINE RIGHT, SCUFF, GRAPEVINE TURN LEFT, SCUFF

1,2,3,4      Grapevine right, scuff left  
5,6,7,8      Grapevine left, turn left, scuff

## SEZ.4: STEP RIGHT, FLICK LEFT, STEP LEFT, HOOK RIGHT, ROCK JUMP RIGHT BACK, STOMP, BREAK TIME

1,2          Step right, flick left  
3,4          Step left, hook right  
5,6          Rock back right, weight on the left  
7,8          Stomp, break time

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