

# No Lo Trates

**Count:** 32    **Wall:** 4    **Level:** Easy Intermediate

**Choreographer:** Esmeralda v.d. Pol - November 2019

**Music:** "No Lo Trates " by Pitbull, Daddy Yankee & Natti Natasha



**Intro : 32 counts**

## **DIAGONAL ROCKING CHAIR, CROSS, 1/8 TURN R, 1/8 TURN R, REVERSE ROCKING CHAIR, BEHIND SIDE CROSS 1/8 R**

1&2&            Rock RF diagonal fwd, Recover weight on LF, Rock RF diagonal back, Recover weight on LF 10.30  
3&4            Cross RF in front of LF, 1/8 turn R step LF to L side, 1/8 turn R step RF back 01.30  
5&6&            Rock LF back, Recover weight on RF, Rock LF fwd, Recover weight on RF 01.30  
7&8            Step LF back, 1/8 turn R step RF to R side, Cross LF in front of RF 03.00

## **SIDE ROCK CROSS, 1/4 TURN RX 2, CROSS, SIDE ROCK CROSS, CHASE L**

1&2            Rock RF to R side, Recover weight on LF, Cross RF in front of LF  
3&4            1/4 turn R-step LF back, 1/4 turn R-step RF to R side, Cross LF in front of RF 09.00  
5&6            Rock RF to R side, Recover weight on LF, Cross RF in front of LF  
7&8            Step LF to L side, Step RF next to LF, Step LF to L side \*\*\*\* restart point

## **SYNCOPATED ROCKSTEPS, COASTER STEP, STEP-1/2 TURN R-STEP FWD, MAMBO STEP FWD**

1&2&            Rock RF in front of LF, Recover weight on LF, Rock RF to R side, Recover weight on LF  
3&4            Step RF back, Step LF next to RF, Step RF fwd  
5&6            Step LF fwd, 1/2 turn R-weight on RF, Step LF fwd 03.00  
7&8            Rock RF fwd, Recover weight on LF, Step RF back

## **COASTER STEP, STEP 1/4 TURN L CROSS, 1/4 TURN R, CROSS, SIDE, SIDE TOUCH SIDE**

1&2            Step LF back, Step RF next to LF, Step RF fwd  
3&4            Step LF fwd, 1/4 turn L-step RF to R side, Cross LF in front of RF 06.00  
5&6            1/4 turn R-step LF back, Step RF to Side, Cross LF in front of RF 09.00  
7&8            Step RF to R side, Touch LF next to RF, Step LF to L side

**RESTARTS: Walls 2-5 & 8 after 16 counts**

**Dance With Esmeralda**

**Esmeralda v.d. Pol**

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