Up Again



Count: 16 Wall: 4 Level: Beginner

Choreographer: Jennifer Jones (USA) - October 2019

Music: Up Again - Dan Bremnes



#16 count intro: Begin dance on lyrics

Section1: Toe heel stomps, Mambo right and left

1&2	R toe tap next to L, R heel tap next to L, stomp R forward
3&4	L toe tap next to R, L heel tap next to R, stomp L forward
5&6	Rock R to right, step L in place, step R next to L

7&8 Rock L to left, step R in place, step L next to R (12:00)

Section 2: Rock recover, shuffle back, ¾ turn left, sailor shuffle

1,2	R step forward, recover weight to L
3&4	R step back, close L next to R, R step back
5,6	L turn ¼ left (9:00), R turn ½ left (3:00)
7&8	Cross L behind R, step R to right side, step L to place (3:00)

Begin dance again

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