Introduction: 20 counts (rock back on the lyric ‘catch’)

Back Rock, Recover, ¼ Back, ¼ Shuffle Forward (Sweep 1/8), Cross, Side, Behind (sweep), Behind, Side

1,2,3 [Begin dance facing 1:30] Rock R back, recover weight fwd onto L, make ½ turn L stepping R back (7:30)
4&5 Make ½ turn L stepping L fwd (1:30), step R together, step L fwd as you sweep R fwd/around to 12:00
6&7 Cross R over L (12:00), step L to L side, cross R behind L as you sweep L back/ around (12:00)
8& Cross L behind R, step R to R side

Cross Rock, Recover, Side, Cross Rock, Recover, Side, Cross, Side, Back (1/8), Back, Side (1/8), Together, Forward

1,2& Cross rock L over R, recover weight back onto R, step L to L side
3,4& Cross rock R over L, recover weight back onto L, step R to R side
5,6&7 Cross L over R, step R to R side, turn 1/8 L stepping back onto L (10:30), step R back (10:30)
8&1 Turn 1/8 L stepping L to L side (9:00), step R together, step L fwd

Walk Fwd x2, Rock Fwd, Recover, ¼ Fwd, ¼ Back, Back, Cross, Back, Back, Cross

2,3 Walk R fwd, walk L fwd
4&5 Rock R fwd, recover weight back onto L, make ¼ turn R stepping R fwd (3:00)
6&7 Make ¼ turn R stepping back on L (9:00), step R back into R diagonal, cross L over R (shoulders open to R diagonal)
8&1 Step R straight back (9:00), step L back into L diagonal, cross R over L (shoulders open to diagonal L)

Back, ¼ Forward, ¼ Basic Nightclub, Side, Behind, 1/8 Forward, Rock Forward, Back, Back

2& Step L straight back (9:00), make ¼ turn R stepping R fwd (3:00)
3,4& Make ¼ turn R stepping L to L side (6:00), step R beside L, cross L over R
5,6& Step R to R side, cross L behind R, turn 1/8 R stepping R fwd (7:30)
7,8& Step/Rock L fwd (7:30), step R back, step L back (7:30)

TAG: At the end of walls 3 & 5 (after the chorus), add the following 2 count tag facing 7:30.

1,2 Step R back (sweeping L around/back), step L back (sweeping R around/back)

About the music (from Maddison): My brother Dion suggested the music to us. My Dad, Tom, grew up with a Father who was an alcoholic and not actively involved in his children’s lives. I am so proud that my Dad didn’t let history repeat itself.
My brothers and I couldn’t ask for a better Father, role model and best friend. We love you Tommy.