My Jingle Bell Rock

Count: 32 **Wall:** 4 **Level:** High Beginner
Choreographer: Nina Chen (Taiwan) December 2019
Music: Jingle Bell Rock by Glee

Intro : 16 counts, No Tag ! No Restart !!

Sec 1: (R & L) CROSS TOE STRUT, ROCKING CHAIR

1-4	Touch R toe over LF - Step R Heel down - Touch L toe over RF - Step L Heel down
5-8	Rock RF fwd - Recover on LF - Rock RF back - Recover on LF

Sec 2: (R & L) HEEL DIAGONAL FWD - BACK - HOOK, FWD LOCK STEP - BRUSH

1-4	Touch R heel diagonal fwd - Touch L heel diagonal fwd - Step RF back - Hook LF over RF
5-8	Step LF fwd - Step RF behind LF - Step LF fwd - Brush RF fwd

Sec 3: BACK SHUFFLE 1/2 L, ROCK BACK - RECOVER, 1/4 R CHESSE L, ROCK BACK - RECOVER

1&2, 3-4	Back shuffle (R L R) 1/2 turn L (6:00), Rock LF back - Recover on RF
5&6, 7-8	1/4 turn R (9:00) step LF to L - Step RF beside LF - Step LF to L, Rock RF back - Recover on LF

Sec 4: FWD - 1/4 L HITCH, 1/4 L STEP - HITCH, 1/4 L SIDE ROCK - RECOVER.(x2)

1-4	Step RF fwd - 1/4 turn L (6:00) hitch LF - 1/4 turn L (3:00) step LF in place - Hitch RF
5-8	1/4 turn L (12:00) rock RF to R - Recover on LF - 1/4 turn L (9:00) rock RF to R - Recover on LF

Have Fun & Happy Dancing!

Contact Nina Chen: nina.teach.dance@gmail.com