Nos Vies

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Marion Kautz (DE) - December 2019
Music: Nos vies - ZAZ

Tip: Dance starts with singing

S1: Cross Rock, Chassé r, Cross Rock, Chassé l

1-2	Cross Right over Left. Recover weight on Left.
3&4	Cha cha to the right (r-l-r)
5-6	Cross Left over Right. Recover weight on Right.
7&8	Cha cha to the left (l-r-l)

S2: Cross Rock ¼ turn r, Coaster Step, Step, Pivot ½ turn r, Shuffle ½ turn r

1-2	Cross Right over Left, ¼ Turn on the Right turning right, Recover weight on Left (3 Uhr)
3&4	Step Right back, Step Left next to Right, Step Right forward
5-6	Step Left forward, Pivot ½ Turn to the right (9 Uhr)
7&8	Cha cha forward with ½ Turn turning right (l-r-l) (3 Uhr)

S3: Rock Back, Shuffle ½ turn l, Back, Back, Coaster Step

1-2	Step Right back, Recover weight on Left
3&4	Cha cha forward with ½ Turn to the left (r-l-r) (9 Uhr)
5-6	Step Left back, Step Right back
7&8	Step Left back, Step Right next to Left, Step Left forward

S4: Step, Step, Chassé diagonal ¼ turn l, Back, Back, Chassé diagonal ¼ turn l

1-2	Step Right forward, Step Left forward
3&4	Cha cha diagonal forward to the right with ¼ Turn turning left(r-l-r) (6 Uhr)
5-6	Step Left back, Step Right back,
7&8	Cha cha diagonal back to the left with ¼ Turn turning left (l-r-l) (3 Uhr)

Tags: after 2., 8., 10. wall: Rocking Chair