Coming And Going

Count: 64 **Wall:** 2 **Level:** Intermediate
Choreographer: Harold Grimshaw (UK) - December 2019
Music: Arrivals and Departures - Sundance Head : (Album: Stained Glass and Neon)

Section 1 Cross, Recover, Shuffle 1/4, Pivot 1/2, Shuffle

1-2	Cross Right over Left, Recover Left
3&4	Right Shuffle forward 1/4 Right
5-6	Left forward, Pivot 1/2 Right
7&8	Left Shuffle forward

Section 2 Full turn forward, Fwd Rock & Fwd Rock, Side Rock

1-2	Full turn forward left on Right and Left
3-4	Right forward, Recover Left
&5-6	Step Right in place, Left forward, Recover Right
7-8	Left side, Recover Right

Section 3 Sailor- steps, Unwind 1/2 Left, Cross rock 1/4 Right

1&2	Swing step Left behind right, Step Right to right side, Step Left to left side
3&4	Swing step Right behind Left, Step Left to left side, Step Right to Right side
5-6	Left toes back, Unwind 1/2 Left (taking weight)
7&8	Cross Right, Recover Left, Step Right forward 1/4 right

Section 4 Diagonal Left forward Lock, Forward lock step, Fwd Rock, Shuffle 1/2 turn Right

1-2	(Diagonally forward left) Left forward, Lock Right behind
3&4	Left forward, Lock Right behind, Left forward
5-6	Right forward, Recover Left
7&8	Right shuffle 1 / 2 Right forward (still on diagonal left)

Section 5 Syncopated Rocking Chair, Back 1 / 2 Right, Touch, Step Point, Cross Point

1&2&	Left forward, Recover Right, Left back, Recover Right
3-4	(Turning 1/2 Right) Step back on Left, Touch Right toes in front
5-8	Right forward, Point touch Left to left side, Cross Left, Point touch Right to right side

Section 6 Right Cross weave, 1/4 Left, Step pivot 3/4 Left, Right Side, Behind

1-4	Right Cross, Side, Behind, 1/4 Left forward
5-6	Right forward, Pivot 3/4 Left
7-8	Right Side, Left Behind

Section 7 Right side, Drag Touch, Left Kick Ball Cross, Sway Left & Right, Chasse Left

1-2	Long step Right to right side, Drag Left next to right (no weight-touch)
3&4	Left Kick Ball, Cross Right over left
5-6	Sway hips Left and Right
7&8	Chasse Left

***RESTART here Wall 2**

Section 8 Right Toes back, Unwind 1/2 Right (taking weight), Pivot 1/2 Right, Rock fwd, Coaster Back

1-2	Right Toes Back, Unwind 1/2 Right (taking weight)
3-4	Left Forward, Pivot 1/2 Right
5-6	Left Forward, Recover Right
7&8	Left Coaster Back

****TAG here end of Wall 3 - Repeat last 8 counts (Section 8)**