Still The One

Count: 64 **Wall:** 2 **Level:** High Intermediate
Choreographer: Bonita Malone (USA) - December 2019
Music: Still The One - Ingrid Michaelson

#16 count introduction
*****Tag after Wall 1*****
Optional claps

STEP R SIDE, HOLD, ROCK BACK L, RECOVER, VINE L WITH ¼ TURN, BRUSH R

1,2	Step R side (1), hold (2)
3,4	Rock back L (3), recover R (4)
5,6	Step L side (5), step R cross back (6)
7,8	Step L ¼ turn (7), brush R fwd (8) [9:00]

Optional claps 2& - clap 4 - clap 6& - clap 8

ROCK FWD R, RECOVER, COASTER STEP, ROCK FWD L, RECOVER, SHUFFLE ½ TURN L

1,2	Rock fwd R (1), recover L (2)
3&4	Step back R (3), step L next to R (&), step fwd R (4)
5, 6	Rock fwd L (5), recover R (6)
7&8	L shuffle ½ turn [3:00]

Optional claps 2& - clap 4

STEP R ¼ PIVOT, STEP L, STEP R CROSS FRT, POINT L SIDE, L JAZZ BOX

1,2	Step R ¼ pivot turn (1), step L (2) [12:00]
3,4	Step R cross frt (3), point L side (4)
5,6	Jazz box – step L cross frt (5), step back R (6)
7,8	Step L side (7), step fwd R (8) [12:00]

ROCK L SIDE, RECOVER, STEP L CROSS SHUFFLE, ¼ TURN STEP R, STEP SIDE L, ¼ TURN STEP R, STEP FWD L

1,2	Rock L side (1), recover R (2)
3&4	Step L cross frt (3), shuffle (&4)
5,6	Step R ¼ turn (5), step side L (6) [3:00]
7,8	Step side R ¼ turn (7), step fwd L (8) [6:00]

STEP R SIDE, CLOSE L NEXT TO R, STEP FWD R SHUFFLE, STEP FWD L ¼ PIVOT, STEP SIDE R, STEP L CROSS FRT, STEP R SIDE

1,2	Step R side (1), close L next to R (2)
3&4	Step fwd R shuffle (3&4)
5,6	Step fwd L ¼ pivot (5), step R side (6) [3:00]
7,8	Step L cross frt (7), step R side (8)

ROCK BACK L, RECOVER, L FWD SHUFFLE, JAZZ BOX ¼ TURN

1,2	Rock back L (1), recover R (2)
3&4	Step L fwd (3), shuffle (&4)
5,6	Step cross frt R (5), step L back (6)
7,8	Step R ¼ turn (7), step cross frt (8) [12:00]

¼ MONTEREY TURN, STEP BACK R, TAP L, STEP BACK L, HOLD

1,2	Point R side (1), close ¼ turn (2) [3:00]
3,4	Point L side (3), close together (4)
5,6	Step back R (5), tap L slightly fwd (6)

7,8 Step back L (7), hold (8)
Optional claps or pat chest 6& - clap or pat chest 8

ROCK BACK R, RECOVER L, KICK R BALLCHANGE, JAZZ BOX ¼ TURN W/CROSS
1,2 Rock back R (1), recover L (2)
3&4 Kick R (3), ball change (&4)
5,6 Step R cross ft (5), step back L (6)
7,8 Step R ¼ turn (7), step L cross frt (8) [6:00]
*****TAG HERE AFTER WALL 1*****

TAG: facing 6:00
STEP R SIDE, HOLD, ROCK BACK, RECOVER, STEP L SIDE, HOLD, ROCK BACK, RECOVER
1,2 Step R side (1), hold (2)
3,4 Rock back L (3), recover R (4)
5,6 Step L side (5), hold (6)
7,8 Rock back R (7), recover L (8)
Optional claps 2& - clap 4 - clap 6& - clap 8

ROCKING CHAIR, STEP FWD, HOLD, ½ PIVOT TURN
1,2 Rock R fwd (1), recover L (2)
3,4 Rock R back (3), recover L (4)
5,6 Step fwd R (5), hold (6)
7,8 ½ pivot step L (7), hold (8) [12:00]
Optional claps 2& - clap 4