Arirang



Count: 96 Wall: 1 Level: Phrased Improver

Choreographer: Sunny Jeong (KOR) & Ellisa Hayoung Choi (KOR) - January 2020

Music: Arirang (아리랑) - BTS (방탄소년단)



[INTRO] 112 counts (Intro Section: 96 Counts)

[Sequence] A,B, A, B, A, B, A, B, C, B, A, B, A, B, Ending 16C

[INTRO SECTION (96 Counts)]

[Sec.1] RF FORWARD, 1/2R TOGETHER HOLD

(Option: SWAY HOLD RF LF

with lowering both arms and shaking them from side to side in time to the music)

1 Step RF forward with raising both hands

2-8 RF step tgether and turn ½L hold, with spreading hands to the sides directly(6:00)

(Option)

1-4 Step RF side with sway hold

5-8 Sway LF side hold

[Sec. 2]LF FORWARD, ½L TOGETHER HOLD

(Option: SWAY HOLD RF LF

with lowering both arms and shaking them from side to side in time to the music)

1 Step LF fwd with raising both hands

2-8 RF step tgether and turn ½L hold, with spreading hands to the sides directly (12:00)

(Option)

1-4 Step RF side with sway hold

5-8 Step LF sway hold

[Sec. 3] Repeat Sec. 1

[Sec. 4] Repeat Sec. 2

[Sec. 5] RF/LF FORWARD, HITCH HOLD (With Keeping your hands spread out wide)

1-4 Step RF fwd with LF flick hold5-8 Step LF fwd with RF flick hold

[Sec. 6] Repeat Sec. 5

[Sec. 7] RF/LF BACK FLICK & BACKWARD HOLD with folding each arm turn by turn

1-4 Step RF backward with LF flick hold5-8 Step LF backward with RF flick hold

[Sec. 8] Repeat Sec. 7

[Sec. 9] ROCK SIDE, RECOVER

(with raising both arms and shaking them from side to side in time to the music)

1-4 Rock RF side, Recover LF side, Recover RF side, Recover LF side
 5-8 Recover RF side, Recover LF side, Recover RF side, Recover LF side

[Sec.10] ROCK SIDE, RECOVER

(With lowering both arms and shaking them from side to side in time to the music)

1-4 Rock RF side, Recover LF side, Recover RF side, Recover LF side
 5-8 Recover RF side, Recover LF side, Recover RF side, Recover LF side

[Sec. 11] (RF/LF 1/8R FORWARD WALK)×4

Step RF 1/8R forward hold, LF 1/8R forward hold (6:00)
Step RF 1/8R forward hold, LF 1/8R forward hold (12:00)

[Sec.12] Repeat Sec. 11

PART A (32 COUNTS)

[Sec.1]1/4L RF FORWARD, RECOVER ×3

(With raising both arms and shaking them from side to side in time to the music and Turning face slightly right

1-8 Rock ¼L RF side hold, Recover LF side hold, recover RF side hold, Recover LF side hold

[Sec. 2]1/4 L RF/LF FORWARD SHUFFLE, RF/LF BACKWARD SHUFFLE

1&2
3&4
5&6
1/4 L Forward Shuffle RF, LF, RF
Backward Shuffle RF, LF, RF
Backward Shuffle RF, LF, RF

7&8 Backward Shuffle LF, RF, LF (12:00)

[Sec. 3] (RF SIDE SHUFFLE, 1/4R LF SIDE SHUFFLE)×2 (6)

1&2 Side Shuffle RF, LF, RF

3&4 ¹/₄R Side Shuffle LF, RF, LF(3:00)

5&6 Side Shuffle RF, LF, RF

7&8 1/4R Side Shuffle LF, RF, LF(6:00)

[Sec.4] TOGETHER, HOOK, ½ R JUMP×6)(Count 1 & 5, While clapping hands raise arms and then step jump with lowering arms slowly)

1-4 Step RF Together with Hook LF foward While clapping hands raise arms, ¼ R Jump RF

3times with lowering arms slowly (9:00)

5-8 Repeat 1-4 (12:00)

PART B (32 COUNT)

[Sec.1]RF/LF DIAGONAL FORWARD SHUFFLE

1&2	Diagonal Forward Shuffle RF, LF, RF
3&4	Diagonal Forward Shuffle LF, RF, LF
5&6	Diagonal Forward Shuffle RF, LF, RF
7&8	Diagonal Forward Shuffle LF, RF, LF

[Sec.2] RF/LF DIAGONAL BACK SHUFFLE

1&2	Diagonal Backward Shuffle RF, LF, RF
3&4	Diagonal Backward Shuffle LF, RF, LF
5&6	Diagonal Backward Shuffle RF, LF, RF
7&8	Diagonal Backward Shuffle LF, RF, LF

[Sec. 3] (RF/LF 1/8R FORWARD SHUFFLE)×4

1&2	¼R Forward Shuffle RF, LF, RF with lifting left arm
3&4	1∕₃R Forward Shuffle LF, RF, LF with lifting left arm
5&6	1/₃R Forward Shuffle RF, LF, RF with lifting left arm
7&8	1/8R Forward Shuffle LF, RF, LF with lifting left arm (6:00)

[Sec.4] (RF/LF 1/8L FORWARD SHUFFLE)×4

1&2	1/1	Forward Shuffle	DE LE	DE with	lifting right arm
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3&4 1/₈L Forward Forward Shuffle LF, RF, LF with lifting right arm

5&6 1/₈L Forward Shuffle RF, LF, RF with lifting right arm

7&8 1/₈L Forward Shuffle LF, RF, LF with lifting right arm (12:00)

PART C

[Sec. 1] ROCK SIDE, RECOVER

(with raising both arms and shaking them from side to side in time to the music)

1-4 Rock RF side, Recover LF side, Recover RF side, Recover LF side
5-8 Recover RF side, Recover LF side, Recover RF side, Recover LF side

[Sec. 2] ROCK SIDE, RECOVER

(with lowering both arms and shaking them from side to side in time to the music)

1-4 Rock RF side, Recover LF side, Recover RF side, Recover LF side
 5-8 Recover RF side, Recover LF side, Recover RF side, Recover LF side

[Sec. 3] (RF/LF 1/8R FORWARD WALK)×4

1-4 Step RF 1/2R forward hold, LF 1/2R forward hold

5-8 Step RF 1/8 Forward hold, LF 1/8 Forward hold (6:00)

[Sec. 4] Repeat Sec. 3 (12:00)

Ending 16C

[Sec.1] ROCK SIDE, RECOVER

(with Lower both arms and shake them from side to side in time to the music)

1-4 Rock RF side, Recover LF side, Recover RF side, Recover LF side
 5-8 Recover RF side, Recover LF side, Recover RF side, Recover LF side

[Sec. 2] (RF/LF 1/8R FORWARD RUN ×4

1&2& Run RF 1/2R forward, LF forward, RF 1/2R forward, LF forward 3&4& Run RF 1/2R forward, LF forward, RF 1/2R forward, LF forward, RF 1/2R forward, LF forward, RF 1/2R forward, LF forward

7&8 Run RF 1/8R forward, LF 1/8R forward, RF forward.

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