

At Least You Cried A Little

Count: 32

Wall: 2

Level: Beginner

Choreographer: Lisa McCammon (USA) - January 2020

Music: At Least You Cried - Midland



#16 count intro; start weight on L

SEQUENCE: 32, 4, 32, 16, 32, 32, 32, 20, 32, 32, 25

SIDE, HOLD, BALL-SIDE, TOUCH, SIDE, BEHIND, SIDE, CROSS

1-2 Step R to side, HOLD

&3-4 Close L, step R to side, touch L toes home

5-8 Step L to side, step R behind, step L to side, cross R (turning option: rolling vine left, cross)

SIDE, HOLD, BALL-SIDE, POINT, TURN, STEP, TURN, CROSS

1-2 Step L to side, HOLD

&3-4 Close R, step L to side, point R toes to side

(styling: bend L knee slightly and torque shoulders slightly left to prep turn)

5 Turn right ¼ [3] stepping forward R

6-7-8 Step forward L, turn right ¼ [6] onto R, cross L ***RESTART and TART

SIDE, HEEL, TOES, TOUCH, SIDE, BEHIND, SIDE, CROSS

1-4 Step R to side, swivel left heel in, swivel L toes in, touch L toes home

5-8 Step L to side, step R behind, step L to side, cross R

SIDE, HEEL, TOES, TOUCH, SIDE ROCK, RECOVER, BACK ROCK, RECOVER

1-4 Step L to side, swivel R heel in, swivel R toes in, touch R toes home

5-8 Rock R to side, recover L, rock back R, recover L

HINT: the tag, restart, and tart all occur facing the back wall.

TAG: after the 1st repetition, repeat the last four counts of the dance (easy to hear).

1-4 Rock R to side, recover L, rock R back, recover L

*****RESTART:** during the 3rd repetition after 16 counts (listen for the "na na na" refrain).

*****TART** (tag+restart) during the 7th repetition. Dance through count 16, do the tag, then restart from the beginning (listen for "was it all just a game for you").

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