

# No Good For You

**Count:** 32    **Wall:** 4    **Level:** High Beginner

**Choreographer:** Chika Hapsari & Roosamekto Mamek (ULD Bekasi) - Indonesia (January 2018)

**Music:** No Good For You by Meghan Trainor



**Intro: 2 count**

**NOTE : TAG is always doing facing front (12:00)**

## **S1. CROSS, SIDE, SAILOR TURN 1/4 RIGHT, FORWARD, BACK TURN 1/2 LEFT, COASTER STEP**

- 1-2                      Cross R over L – Step L to side (12:00)
- 3&4                     Cross R behind L – Turn 1/4 right step L to side – Step R forward (3:00)
- 5-6                     Step L forward – Turn 1/2 left step R back (9:00)
- 7&8                     Step L back – Step R together – Step L forward

## **S2. FORWARD LOCK SHUFFLE, PIVOT 1/2 LEFT, WALK FORWARD**

- 1&2                     Step R forward – Lock L behind R – Step R forward (9:00)
- 3&4                     Step L forward – Lock R behind L – Step L forward
- 5-8                     Step R forward – Turn 1/2 left - Step R forward – Step L forward (3:00)

**Note: For style, you can do the forward lock shuffle count 1&2 and 3&4 to diagonal forward**

## **S3. VAUDEVILLE, JAZZ BOX**

- 1&2&                    Cross R over L – Step L to side – Touch R toes diagonal forward – Step R beside L (3:00)
- 3&4&                    Cross L over R – Step R to side – Touch L toes diagonal forward – Step L beside R
- 5-8                     Cross R over L – Step L back – Step R to side – Step L forward (3:00)

## **S4. FORWARD LOCK SHUFFLE, PIVOT TURN 1/2 RIGHT WITH FLICK, SYNCOPATED V STEP, FORWARD, TOGETHER**

- 1&2                     Step R forward – Lock L behind R – Step R forward (3:00)
- 3-4                     Step L forward – Turn 1/2 right flick R back (9:00)
- 5&6&                    Step R diagonal forward – Step L diagonal forward – Step R back to center – Step L together
- 7-8                     Step R forward – Step L together (9:00)

**REPEAT**

**TAG : End of wall 2, 5 & 9 (2x)**

**End of wall 2, S.4 on count 7-8 do these step, then continue with the TAG**

- 7-8                     Step R forward - Turn 1/2 left

**On wall 5, S.4 on count 7-8 do these step, then continue with the TAG**

- 7-8                     Step R forward - Turn 1/4 left

## **S1. FORWARD, MAMBO, BACK MAMBO, RIGHT SIDE MAMBO, LEFT SIDE MAMBO**

- 1&2                     Rock R forward – Recover on L – Step R back
- 3&4                     Rock L back – Recover on R – Step L forward
- 5&6                     Rock R to side – Recover on L – Step R together
- 7&8                     Rock L to side – Recover on R – Step L together

## **S2. V STEP, BODY ROLL**

- 1-4 Step R diagonal forward right arm to side – Step L diagonal forward left arm to side  
– Step R back to center right arm on right hips – Step L together left arm on left hips
- 5-8 Step R to side roll body to right – Step L in place roll body to left – Step R in place  
roll body to right – Step L in place roll body to left

**When doing 5-8 step your hands make a criss cross in front of your knees, when R foot stepping left hand move, when L foot stepping right hand move**

**For more info about step sheet & song, please contact:**

**Chika : [hapsari.chika@gmail.com](mailto:hapsari.chika@gmail.com)**

**Mamek : [Roosamekto.Nugroho@gmail.com](mailto:Roosamekto.Nugroho@gmail.com)**