

Only One Thing

Count: 32

Wall: 4

Level: Improver

Choreographer: Lisa McCammon (USA) - February 2020

Music: Nobody But You (feat. Gwen Stefani) - Blake Shelton : (CD: Fully Loaded, God's Country)



70bpm; 8 count intro; clockwise rotation; start weight on L

Sequence: 32, 32, 8, 32, 32, 26, 32, 25

BACK/SWEEP, TRIPLE BACK/SWEEP, COASTER STEP, TRIPLE FORWARD, ROCK, RECOVER

- 1 Step back R whilst sweeping L back
- 2&3 Step back L, close R, step back L whilst sweeping R back
- 4&5 Step back R, close L, step forward R
- 6&7 Step forward L, close R step forward L
- 8& Rock forward R, recover L ***RESTART #1

TURN RIGHT ¼ INTO NC BASIC R, NC BASIC L, SWAY, SWAY, JAZZ BOX CROSS

- 1 Turn right ¼ [3] stepping side R
- 2&3 Step L behind, cross R, step L to side
- 4& Step R behind, cross L
- 5-6 Step R to side swaying R, sway L (open slightly to left diagonal to prep cross step)
- 7&8& Cross R, step back L, step R to side, cross L (prep turn left)

TURN, SIDE-CLOSE-TURN, SIDE-CLOSE-TURN, SIDE-CLOSE-TURN-BALL-STEP

(Note: this series makes a box and ends at the same wall where it starts; turns are on 1, 3, 5 & 7.)

- 1, 2& Turn left ¼ [12] stepping back R, step L to side, close R
 - 3, 4& Turn left ¼ [9] stepping forward L, step R to side, close L
 - 5, 6& Turn left ¼ [6] stepping back R, step L to side, close R
 - 7&8 Turn left ¼ [3] stepping forward L, close R, step forward L
- (Hint: the rhythm changes for 7&8; it may helpful to think of this as "turn-cha-cha.")

ROCK, RECOVER-&ROCK-&ROCK-&COASTER STEP, ROCK-&ROCK-&

- 1-2 Rock forward R, recover L ***RESTART #2
- &3&4& Close R, rock forward L, recover R, rock side L, recover R
- 5&6 Step back L, close R, step forward L
- 7&8& Rock forward R, recover L, rock side R, recover L

***RESTART#1 DURING the 3rd repetition after 8 counts, facing 6:00.

***RESTART #2 DURING the 6th repetition after 26 counts, starting at 12:00 and restarting facing 3:00.

©All reproduction rights reserved, February 3, 2020. Dancers are free to simplify steps, add turns, or use personal styling and interpretation if inspired to do so. Contact Lisa at dancinsfun@gmail.com or visit www.peterlisamcc.com, This step sheet is not authorized for publication on Kickit. If you have a script of this dance with the Kickit logo it should be destroyed, because it has been posted without permission or proper credit, and may have been altered without my knowledge or consent. F1