

# Pick Her Upper

Count: 32

Wall: 4

Level: Improver

Choreographer: Randy Pelletier (USA) - February 2020

Music: Pick Her Up (feat. Travis Tritt) (Radio Edit) - Hot Country Knights



Intro: Start on Lyrics

## [1-8] HEEL, TOE, HEEL, TOE, STEP, KICK, BACK, TOUCH

- 1 - 2 Touch right heel forward, touch right next to left
- 3 - 4 Touch right heel forward, touch right next to left
- 5 - 6 Step right forward, kick left forward
- 7 - 8 Step left in place, touch right toe back

## [9 - 16] STEP, KICK, BACK, TOUCH, ¼ LEFT PIVOT, CROSS, HOLD

- 1 - 2 Step right forward, kick left forward
- 3 - 4 Step left in place, touch right toe back
- 5 - 6 Step right forward, turn ¼ left
- 7 - 8 Cross right over left, hold

## [17 - 24] EXTENDED VINE LEFT, ROCK, RECOVER, STOMP, HOLD

- 1 - 2 Step left to side, cross right behind left
- 3 - 4 Step left to side, cross right over left
- 5 - 6 Rock left to side, recover weight to right.
- 7 - 8 Stomp left next to right, hold

**\*\* (Restart here on 10th wall)**

## [25 - 32] ¼ RIGHT MONTEREY TWICE

- 1 - 2 Point right to side, turn ¼ right stepping right next to left
- 3 - 4 Point left to side, step left next to right
- 5 - 6 Point right to side, turn ¼ right stepping right next to left
- 7 - 8 Point left to side, step left next to right

**REPEAT**

**EASY RESTART** - Which you can easily hear in the music.

\* On 10th wall (3rd time you start dance facing 3 O'clock) dance through count 24 and Restart dance.  
(You will be facing front when the Restart occurs)

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