

# Positive Thoughts for Tough Times

**COPPER KNOB**  
BY THE BAY

Count: 32

Wall: 4

Level: Beginner

Choreographer: Linda Nyholm (CAN) - March 2020

Music: Livin' Ain't Killed Me Yet, – Reba McEntyre



Hope this gives you some positive thoughts while the world goes through this virus.  
Stay healthy, everyone!!!

## SECTION 1: STEP SIDE TOGETHER, SIDE TOGETHER, KICK BALL CHANGE x2

- 1-2 Step right to side, step left beside right
- 3-4 Step right to side, step left beside right
- 5&6 Kick right fwd, step on ball of right foot, step left slightly fwd
- 7&8 Kick right fwd, step on ball of right foot, step left slightly fwd

## SECTION 2: WALK FORWARD X3, POINT LEFT, WALK BACK X2, TURN ¼ TOUCH RIGHT

- 1-2 Walk fwd, right, left
- 3-4 Walk fwd right, point left to side
- 5-6 Walk back left, right
- 7-8 Step left ¼ to left, touch right (9)

## SECTION 3: RIGHT AND LEFT LINDYS

- 1&2 Step right to side, left beside right,, step right to side
- 3-4 Rock back on left, recover to right
- 5&6 Step left to side, right next to left, step left to side
- 7-8 Rock back on right, recover to left

## SECTION 4: SIDE ROCK, CROSS SHUFFLE, HINGE TURN ½, FORWARD SHUFFLE

- 1-2 Rock right to side, recover to left
- 3&4 Cross right over left, step left to side, step right across left
- 5-6 Step left back ¼ , step right fwd ¼ (3)
- 7&8 step left fwd, right beside left, left beside right

\*2 RESTARTS—Sorry ;( but they are fairly easy

\*1st—4th sequence, after 2nd section as you turn to 6:00 (end of instrumental)

\*2nd—9th sequence after 3rd section (Lindys) @ 9:00