# Halo Halo

**Count: 50** 

Level: Phrased Intermediate

Choreographer: Foo Sally (MY) - March 2020

Music: Halo - Beyoncé : (Album: Legendado)

# INTRO : EASY APPROACH ( OUT, OUT IN, IN) X 4 , ( SWAY) . OR FACING BACKWARD RF STEP FORWARD

PIVOT ½ TURN ,RF STEP NEXT TO LF.LF STEP IN PLACE. V STEP X 3 ,RF & LF ,KNEE POP.

# BEGIN DANCE AT VOCAL. Dance sequence : AAB AAC AABC A Tag ABC

SESSION A : 16c: (SKATE R & L ) X 2 . RF SAILOR, RECOVER. LF SAILOR , RECOVER. WALK FORWARD R, L. MAMBO RF TO RIGHT SIDE , RECOVER .MAMBO LF TO LEFT SIDE, RECOVER. RF STEP FORWARD PIVOT ½ TURN LEFT.

- 1, 2, 3, 4. Skate forward RF, LF, RF, LF.
- 5&6,7&8 RF cross rock behind ,recover. LF cross rock behind recover.
- 1 2Walk forward RF, LF
- 3&4 RF mambo to right, recover next to LF.
- 5&6 LF mambo to left, recover next to RF.
- 7 & 8 RF step forward , pivot 1/2 turn L.

## SESSION B : 8c: ( RF SLIDE DIAGONALLY RIGHT, LF STEP NEXT TO RF, R KNEE POP, L KNEE POP, LF SLIDE DIAGONALLY LEFT. RF STEP NEXT TO LF. L KNEE POP, R KNEE POP )X 2

- 1&2& ,3&4& RF slide diagonally to right. LF step next to RF. R knee pop, L knee pop
- 5&6&, 7&8& LF slide diagonally to Left. RF step next to LF. L knee pop, R knee pop

## SESSION C : 26c: (R HIP BUMP, L HIP BUMP) TWICE , BODY ROLL TO RIGHT. RF, LF, RF STEP BACK HOLD. ( RF & LF KNEE HITCH ALTERNATELY, X 2 ) RF , LF POP.

- 1 4 RF step forward with hip bump
- 5 8 LF step forward hip bump - Repeat R & L Hip bump.
- 1 4Body roll to the right
- 5 8RF step back (5), LF step back (6), RF step back hold. (7-8)
- 1 4RF hitch recover(1-2), LF hitch recover(3-4)
- 5 8 RF hitch recover(5-6), LF hitch recover(7-8)
- 1 2 RF pop, LF pop.

## TAG: 8c: RF STEP TOGETHER NEXT TO LF. RF STEP FORWARD. LF STEP NEXT TO RF. HOLD. **RUNNING STEP FORWARD.**

- 1, 2,3 RF step together next to LF. RF big step forward ,LF step next to RF.
- 4 Hold
- 5 8 Quick step forward RF, LF, RF, LF

## END DANCING AT C ENDING WITH BODY ROLL AND STEP BACK RF.LF. POST. (22 c)

Contact: wchengfong @yahoo.com / Sallywcfong@Gmail.com. HAPPY DANCING Last Update - 2 Sept 2020





Wall: 2