

Pick Her Up

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Lisa M. Johns-Grose (USA) & Kathy Brown (USA) - April 2020

Music: Pick Her Up (feat. Travis Tritt) - Hot Country Knights



Intro: 16cts.

RIGHT SIDE, LEFT TOGETHER, RIGHT FORWARD, HOLD, LEFT SIDE, RIGHT TOGETHER, LEFT BACK, HOLD

- 1-2 Step right to side, step left next to right
- 3-4 Step right forward, hold
- 5-6 Step left to side, step right next to left
- 7-8 Step left back, hold

RIGHT BACK, LEFT KICK, LEFT BACK, RIGHT KICK, RIGHT BACK, LEFT KICK, LEFT BACK ROCK, RECOVER RIGHT

- 1-2 Step back right, kick left
- 3-4 Step back left, kick right
- 5-6 Step back right, kick left
- 7-8 Rock back left recover right

LEFT FORWARD, RIGHT LOCK, LEFT FORWARD, HOLD, RIGHT FORWARD, PIVOT 1/4 LEFT, CROSS RIGHT OVER LEFT

- 1-2 Step left forward, lock right behind left
- 3-4 Step left forward, hold
- 5-6 Step right forward, pivot 1/4 left
- 7-8 Cross right over left, hold

LEFT SIDE, RIGHT BEHIND, 1/2 TURN LEFT, WEAVE RIGHT

- 1-2 Step left to side, right behind
- 3-4 Step left 1/4 left, hitch turning 1/4 left
- 5-6 Step right to side, left behind
- 7-8 Right to side, cross left over right

Song is 4:09 long, sounds like it stops at 2:45, you can cut it off there or hold for 4cts and start again 2:49