

Blinding Lights EZ

Count: 40

Wall: 1

Level: Beginner

Choreographer: Maryse Fourmage (FR) & Angéline Fourmage (FR) - April 2020

Music: Blinding Lights - The Weeknd



Start : 0,27 s. approximately (On the lyrics) – 2 Restarts

Sequence : A-24-A-24-A-A-A-A-A

[1-8] Side, Touch, Side, Touch, Rumba-Box, Hold

- 1-2 RF to R side, Touch LF next to RF
- 3-4 LF to L side, Touch RF next to LF
- 5-6 RF to R side, LF next to RF
- 7-8 RF FW, Hold

[9-16] Side, Touch, Side, Touch, Rumba-Box, Hold

- 1-2 LF to L side, Touch RF next to LF
- 3-4 RF to R side, Touch LF next to RF
- 5-6 LF to L side, RF next to LF
- 7-8 LF back, Hold

[17-24] Kick, Together, Kick, Together, Kick, Together, Kick, Together, Mambo, Mambo

- 1&2& Kick RF FW, RF next to LF, Kick LF FW, LF next to RF
- 3&4& Kick RF FW, RF next to LF, Kick LF FW, LF next to RF
- 5&6 RF to R side, Recover to LF, RF next to LF
- 7&8 LF to L side, Recover to RF, LF next to RF *Restart

[25-32] Vine, Touch, Vine, Touch

- 1-2 RF to R side, LF behind RF
- 3-4 RF to R side, Touch LF next to RF
- 5-6 LF to L side, RF behind LF
- 7-8 LF to L side, Touch RF next to LF

[33-40] Diagonal, Touch, Diagonal, Together, Swivel

- 1-2 RF FW on R Diagonal, Touch LF next to RF
- 3-4 LF back on L Diagonal, RF next to LF
- 5-6 Put your heels to the R side, Recover on middle
- 7&8& Put your heels to the R side, Recover on middle, Put your heels to the R side, Recover on middle

Option : 4 Wall

[25-32] Vine ¼ R, Touch, Vine, Touch

- 1-2 RF to R side, LF behind RF
- 3-4 Make ¼ R with RF FW, Touch LF next to RF
- 5-6 LF to L side, RF behind LF
- 7-8 LF to L side, Touch RF next to LF

Smile and enjoy the dance

Contact : maellynedance@gmail.com