Catch

Count: 64 **Wall:** 2 **Level:** Improver
Choreographer: Brenda Holcomb (USA) - April 2020
Music: Catch - Brett Young

Intro: Start on Lyrics

S1: SIDE MAMBO HOLD, SIDE MAMBO HOLD
1-4 Rock R to side, Recover on L, Step R beside L, hold
5-8 Rock L to side, Recover on R, Step L beside R, hold

S2: FORWARD MAMBO HOLD, BACK MAMBO HOLD
1-4 Rock R forward, Recover on L, Step R back, hold
5-8 Rock L back, Recover on R, Step L forward, hold

S3: RUMBA BOX
1-4 Step R to R side, Step L together, Step R forward, hold
5-8 Step L to L side, Step R together, Step L back. hold

S4: WALK BACK 3 STEPS, HOLD, WALK BACK 3 STEPS, HOLD
1-4 Walk back R,L,R hold
5-8 Walk back L,R,L, hold
RESTART ON WALL 5 (FRONT WALL) AFTER S4

S5: MODIFIED R MONTEREY ¼ TURN, BEHIND SIDE CROSS, HOLD
1-4 (Slow Monterey Turn) Touch R to R side, Turn ¼ R step R, point L, hold
5-8 Step L behind R, Step R to Side, Cross L over R, hold

S6: SIDE ROCK CROSS, X2 (MOVING FORWARD)
1-4 Rock R to side, recover on L, cross R over L, hold
5-8 Rock L to side, recover on R, cross L over R, hold

S7: SIDE ROCK CROSS, X2 (MOVING FORWARD)
1-4 Rock R to side, recover on L, cross R over L, hold
5-8 Rock L to side, recover on R, cross L over R, hold

S8: ROCK FORWARD R, ½ TURN R, HOLD, ROCK FORWARD L, ¼ TURN L, HOLD
1-4 Rock forward on R, recover L, ½ turn R, hold
5-8 Rock Forward on L, recover R, ¼ turn L, hold

Begin Again

Tag: Wall 3 Front Wall (finishing S8 then tag) Do Twice (start dance again)
BACK ON R, L HEEL FORWARD, BACK ON L, TOUCH R, WITH CHEST PUMPS, SAILOR SHUFFLES R & L
&1&2 Step back on R, L heel forward, step back on L, touch R at a diagonal,
&3 Press forward R (facing diagonal) recover L, (place R hand in front of chest like heartbeat)
&4 Press forward R, (facing diagonal) recover L, (place R hand in front of chest like heartbeat)
5&6 (Sailor Shuffle R) Step R behind L, step L out to L, step R
7&8 (Sailor Shuffles L) Step L behind R, step R put to L, step L
Repeat TAG

Contact:bholcomb3@triad.rr.com Better When I'm Dancing!