Ai shen de jian (爱神的箭)

Level: Absolute Beginner

Choreographer: Katherine Lee (SG) - May 2020

Count: 32

Music: Ai Shen De Jian (愛神的箭) - Sharon Au (歐儷雯)

Intro: 4x8

* for our stay home friends with space constraint at home.*

Starts with our Left Foot. No tag No Restarts

- S1: Side rock, behind, side, cross, side chasse, rock back
- 123&4 LF side rock, RF recover, LF cross behind RF, RF side, LF cross,
- 5&678 RF side, LF together, RF side, LF rock back, RF recover.

S2: Rocking chair, side chasse, rock back

- LF rock forward, RF recover, LF rock back, RF recover, 1234
- 5&678 LF side, RF together, LF side, RF rock back, LF recover.

S3: (Cross, point) x2, rock forward, coaster step

- 1234 RF cross, LF point to the side, LF cross, RF point to the side,
- RF rock forward, LF recover, RF step back, LF close, RF forward. 567&8

S4: Rolling vines (L/R) or non-turning vines

LF forward make 1/4 L-turn(9:00), RF back make 1/2 L-turn(3:00), LF side make 1/4 1234 Lturn(12:00), RF touch next to LF,

5678 RF forward make ¼R-turn(3:00), LF back make ½ R-turn(9:00), RF side make ¼ R turn(12:00), LF touch next to RF.

Keep Active! Keep Dancing! HappyfitLDG2020@hotmail.com





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