

Your Mama

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Easy Beginner

Choreographer: Jackie Wheeler (USA) - May 2020

Music: No Excuses - Meghan Trainor



Intro: 16 counts. No tags or restarts

[1-8] Lindy right, left toe strut, right toe strut

1&2, 3,4 Shuffle R L R to the right, rock back L, recover R

5 6 7 8 Left toe strut to the diagonal (10:30), Right toe strut to diagonal (10:30)

[9-16] Lindy left, right toe strut, left toe strut

1&2, 3,4 Shuffle L R L to the left, rock back R, recover L

5 6 7 8 Right toe strut to the diagonal (1:30), Left toe strut to diagonal (1:30)

[17-24] Grapevine right, Grapevine left with ¼ left and brush

1 2 3 4 Step R side (squared up to 12:00), L behind, R side, touch L next to R.

5 6 7 8 Step L side, R behind, L ¼ turn left, brush R (9:00)

[25-32] Tap R forward, side, triple, Tap L forward side, triple

1, 2, 3&4 Tap R toe forward, tap R toe right, triple R L R

5, 6, 7&8 Tap L toe forward, tap L toe left, triple L R L (9:00)

No Tags/Restarts

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