Pick Her Up

Count: 64 **Wall:** 2 **Level:** Improver / Intermediate
Choreographer: Darren Bailey (UK) - June 2020
Music: Pick Her Up (feat. Travis Tritt) (Radio Edit) - Hot Country Knights

Intro: 16 Counts. Restart: Wall 5 after 56 counts (12:00)

R Vine with Cross, Point R, Cross, Point L, Cross
1-2 Step RF to R side, Cross LF behind RF
3-4 Step RF to R side, Cross LF in front of RF
5-6 Point RF to R side, Cross RF in front of LF
7-8 Point LF to L side, Cross LF in front of RF

Heel Grind with 1/4 turn R, Rock Back, Recover Heel Grind with 1/4 turn R, Rock Back, Recover
1-2 Place R heel forward, Fan R toe out turning 1/4 R and stepping LF back (facing 3:00)
3-4 Rock RF back, Recover forward onto LF
5-6 Place R heel forward, Fan R toe out turning 1/4 R and stepping LF back (facing 6:00)
7-8 Rock RF back, Recover forward onto LF

Step (clap), Sweep (click), Cross, Side, Behind (clap), Sweep (click), Behind, Side
1-2 Step RF forward/clap, Sweep LF from back to front/click fingers L hand low R hand high
3-4 Cross LF in front of RF, step RF to R side
5-6 Cross LF behind RF/clap, Sweep RF from front to back/click fingers R hand low L hand high
7-8 Cross RF behind LF, Step LF to L side

Stomp R, Stomp L, Swivet R, Swivet L, Stomp R, Stomp L
1-2 Stomp RF forward, Stomp LF next to RF
3-4 Twist both toes to R (weight on Heel of RF and ball of LF), Return to centre
5-6 Twist both toes to L (weight on Heel of LF and ball of RF), Return to centre
7-8 Stomp RF forward, Stomp LF next to RF

Rocking Chair with RF, 1/2 turn Pivot L, 1/2 turn Pivot L
1-2 Rock RF forward, Recover onto LF
3-4 Rock RF back on RF, Recover onto LF
5-6 Step RF forward, Pivot 1/2 turn L (facing 12:00)
7-8 Step RF forward, Pivot 1/2 turn L (facing 6:00)

R Vine with Touch, Side L, Close, Forward, Hold
1-2 Step RF to R side, Cross LF behind RF
3-4 Step RF to R side, Touch LF next to RF
5-6 Step LF to L side, Close RF next to LF
7-8 Step LF forward, Hold

Chase 1/2 turn to L, Hold, Forward L, R, L, Hold
1-2 Step RF forward, Pivot 1/2 turn L (facing 12:00)
3-4 Step RF forward, Hold
5-6 Step LF forward, Step RF forward
7-8 Step LF forward, Hold
(option: on counts 5-7 you can make a full turn R travelling forward)
RESTART here on Wall 5 facing 12:00

Out, Out, In, Cross, Side R, Touch Behind, 1/2 turn L with 2 Bounces
1-2 Step RF out, Step LF out

3-4	Step RF in, Cross LF in front of RF
5-6	Step RF to R side, Touch LF behind RF
7-8	Make 1/4 turn L (with Bounce), Make 1/4 turn L (with Bounce) weight finishes on LF (facing 6:00)
