

# Lah De Dah

Count: 32

Wall: 4

Level: Improver

Choreographer: Kevin Richards – June 2020

Music: Down At The Lah De Dah - Jimmy Buffett



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## [1-8] R Heel Toe, R Shuffle, L Heel Toe, L Shuffle

- 1-2 Right Heel Extends Forward, Right Toe Touch Back
- 3&4 Right Shuffle Forward (R-L-R)
- 5-6 Left Heel Extends Forward, Left Toe Touch Back
- 7&8 Left Shuffle Forward (L-R-L)

## [9-16] R Grind $\frac{1}{4}$ R, L Recover, R Coaster, L Rock, R Recover, L Coaster

- 1-2 Right Heel Grind While Making A  $\frac{1}{4}$  Right, Left Recover (3 O'Clock)
- 3&4 Right Coaster Step (R-L-R)
- 5-6 Left Forward Rock, Right Recover
- 7&8 Left Coaster Step (L-R-L)

## [17-24] R Cross, L Back, R Side, L Cross, R Back, L Side, R Forward, L Together

- 1-4 Right Cross Over Left, Left Step Back, Right Step Side, Left Cross Over Right
- 5-8 Right Step Back, Left Step Side, Right Stomp Forward, Left Stomp Together

## [25-32] R Side, L Tap & Clap, Clap, L Side, R Tap & Clap, R Pivot To L Full Turn

- 1-2& Right Step Side, Left Tap Together and Clap, Clap
  - 3-4 Left Step Side, Right Tap Together and Clap
  - 5-6 Right Step Forward, Pivot  $\frac{1}{2}$  Left
  - 7-8 Right Step Forward, Pivot  $\frac{1}{2}$  Left
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