

Need A Friend

COPPER **KNOB**
BY THE POST

Count: 32

Wall: 2

Level: Improver

Choreographer: Iriani (INA) - June 2020

Music: Help Me Make It Through the Night (Michael Buble feat. Loren Alfred)



Intro Music 4 count

Intro Dance 16 count

No Tag, No Restart

INTRO DANCE

(1-8) SIDE, CROSS OVER, BACK LOCK SHUFFLE DIAGONAL, BACK, RECOVER, CHASSE

1 2 3 Step R to R (1), step L cross R diagonal 1.30 (2) recover R (3)
4 & 5 Step back on L (1/8 turn L),(4) step R over L (&), step back on L (5) (12.00)
6 7 Step R back(6), recover L (7)
8&1 Step R to R (8) step L next R (&), step R to R (1)

(9-16) SIDE, CROSS OVER, BACK LOCK SHUFFLE DIAGONAL, BACK, RECOVER, SIDE

2 3 Step L cross R diagonal 1.30 (2) recover R (3)
4 & 5 Step back on L (1/8 turn L), step R over L, step back on L (12.00)
6 7 8 Step R back(6), recover L (7), Step R to R (8)

MAIN DANCE

Sect 1: SIDE, CLOSE, FORWARD, FORWARD LOCK SHUFFLE, TURN 1/4 R, FORWARD, TURN 1/2 R, BACK LOCK SHUFFLE

1 2 3 Step L to L side (1), Step R next to L (2), Step fwd on L (3)
4 & 5 Step fwd on R (4), Lock L behind R (&), Step fwd on R (5)
6 7 Turn 1/4 R step L fwd (6) step R fwd (7)
8 & 1 Turn 1/2 R step L back (8) Cross R over L (&), step L back

Sect 2: CLOSE FORWARD, FORWARD, LOCK SHUFFLE, FULL TURN R, FORWARD LOCK SHUFFLE

2 3 Step R next to L (2) step fwd on L (3)
4 & 5 Step fwd R (4) lock L behind R (&) step forward on R (5)
6 7 Turn 1/2 R step L back(6) turn 1/2 R step R fwd(7)
8 & 1 Step fwd L (8) lock R behind L(&) Step L fwd(1)

Sect 3: FORWARD, TURN 1/4 L, CROSS SHUFFLE, SIDE, CLOSE, FORWARD LOCK SHUFFLE

2 3 Step R fwd (2), turn 1/4 L step L to left side (3) 6:00
4 & 5 Cross R over L (4), Step L to left side (&), Cross R over L (5) 6:00
6 7 Step L to L(6) step R next to L (7)
8 & 1 Step L fwd(8) lock R behind L (&)Step L fwd(1)

Sect 4: FORWARD, PIVOT 1/2 L, TURN 1/2 L SWEEP L TO BACK, STEP L BACK SWEEP R TO BACK, SWAY L R

2 3 4 Step R fwd(2) pivot turn 1/2 L step L in place (3) turn 1/2 L step R back sweep L to back (4)
5 6 7 8 Step L back sweep R to back (5) step R back (6) step L to L side and sway L (7) sway R (8).

Start again!

Enjoy the dance, stay safe

Contact email : iriani.villa@gmail.com

Last Update – 10 July 2020 - R2

